



BROWNSTOWN SENIOR NEWS

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Township Board

- Supervisor*
Arthur F. Wright
- Clerk*
Sherry A. Berez-Burton
- Treasurer*
Diane L. Philpot
- Trustees*
John J. Cronin
Suzanne M. Harris
Albert G. Mann
Edwin C. Neal II

Senior Coordinator

Maxine Schofield

Senior Advisory Board

- Helen Fryer
- Karen Gardner
- Margaret Gendron
- JoAnn Jeffery
- Earl Jones
- Grace Militello
- Dottie Rogal
- Donna Sexton
- Helen Slubowski
- Virginia Uroda
- Ethel Varga
- Dolores Zavalney
- Sarah Ziegler

AUGUST NEWS

It's hot outside! Make sure you stay hydrated by drinking lots of water and don't forget to limit your sun exposure.

The Brownstown Senior Center will be hosting a Diabetic Association Foot Screening on September 24th from 10am until 4pm. The Screening will take place at the Senior Center.

Planning for fall trips has begun. To ensure that you get a spot on our most popular trips make sure to sign up early, spaces fill quickly!

We are in need of volunteers for the Meals on Wheels program. Please contact Karen Wright at (734) 675-0920 for more information.

It's time for the annual Texas BBQ. Join us for a night of steaks and great music! Tickets sell out quickly so purchase yours before there all gone.

Congratulations to all the Senior Olympics participants you did a great job!



SENIOR CHOIR REPORT HELEN ST. LOUIS

Greetings from the Funlovers!

Scheduled Performances

Oakwood Commons- September 8th -1pm



MEETINGS

BROWNSTOWN SENIOR ADVISORY BOARD

Thursday, August 7, 2008 at 11:00 am

BROWNSTOWN SENIOR TRAVEL CLUB

Monday, August 11, 2008 at 11:00 am

BROWNSTOWN PLEASURE SEEKERS

Business Meeting (Birthdays) & Bingo

Thursday, August 7, 2008

1:00-3:00pm—Halls A & B

Potluck Meeting & Bingo

August 21, 2008

POTLUCK DINNER & GAME NIGHT

August 25, 2008

5:00pm

BROWNSTOWN PLEASURE SEEKER OFFICERS

<i>President</i>	Karen Gardner
<i>Vice President</i>	Ethel Varga
<i>2nd Vice President</i>	Eleanor Starkey
<i>Treasurer</i>	Helen St. Louis
<i>Secretary</i>	JoAnn Jeffery
<i>Social Secretary</i>	Irene DaDeppo
<i>Co-Social Secretary</i>	Berta Mae Dezomits

Brownstown Pleasure Seekers meet the 1st and 3rd Thursday of the month from 1pm-3pm. Membership is \$10 per year plus a one time \$2 charge for a name tag. The Pleasure Seekers sponsor four senior dinner dances per year as well as other social events for members. It's a great club to join if you want to make new friends and have a great time. Membership is open to Downriver senior citizens age 55 and over. If interested in joining this senior club, see Treasurer, Helen St. Louis, at one of the meetings for a membership form.

PROGRAMS & EVENTS

FUNLOVERS BAND

Director—Helen St. Louis

EUCHRE

Tuesdays at 12:30pm

Director—Sara Raupp

EXERCISE

Tuesdays, Wednesdays & Fridays at 10:00am

25¢ donation for each class

Prime Time Senior Fitness Video

QUILTING

Wednesdays at 9am

Teacher—Pat Shanaver

BOWLING— SEE YOU IN SEPTEMBER!

Fridays at 1:00pm

At Flat Rock Lanes

BLOOD PRESSURE CHECKS

First Thursday of the month from 12-1pm.

Provided by Henry Ford Wyandotte Hospital nurses.

BINGO BREAKFAST

Monday, August 18th — 9:00am

Pancakes, sausage, fruit, juice, coffee, and bingo. \$2.50 donation if not playing bingo. Please register in advance at the Recreation Desk.

POTLUCK & GAME NIGHT

Monday, August 25, 2008—5:00pm

Bring a dish to pass and a 50¢ donation. The Center provides a meat dish and beverages. \$3 donation if you do not bring a dish to pass. Please sign up in advance at the Recreation Desk.

SHOPPING

For all shopping trips, you must reserve a seat on the bus **at least 24 hours in advance** by calling (734) 675-0920, or in person at the Center. Cost = \$1

- Meijer 8/5, 8/20, 9/2 -11:00 am
- Kroger 8/13, 8/27—11:00am
- Wal-Mart & Dollar Store (Local) 8/14— 10:00am

Brownstown Feisty Red Hatters

If you enjoy having a good time with your friends....then the Brownstown Red Hat Club is for you! There is no cost to join the Brownstown Chapter. *Members and guests must dress in full regalia (Red hat, purple outfit for women over 50, or pink hat and lavender outfit for women under 50) when coming to Red Hat events and meetings.*

UPCOMING RED HAT EVENTS:

NEXT EVENT: MEETING & LUNCH AT DRINKS SALOON

MONDAY, AUGUST 11TH

11:30AM MEETING AND LUNCH AFTERWARDS.

MEETING AT THE SENIOR CENTER

NEXT EVENT: AFTERNOON AT THE MOVIES

TUESDAY, AUGUST 19TH

\$19 PER PERSON

REGISTER AT THE FRONT DESK

NEXT EVENT: DETRIOT PRINCESS

BOAT CRUISE INCLUDES LUNCH AND ENTERTAINMENT

WEDNESDAY, AUGUST 27TH

\$50 PER PERSON

REGISTER AT THE FRONT DESK

SIGN UP FOR THESE EVENTS AT THE FRONT DESK (734) 675-0920.



TEXAS BBQ DINNER DANCE

Brownstown Community Center
Thursday, August 28, 2008

Doors Open: 4:00pm
Dinner: 5:00pm
Dancing: 6:00– 8:30pm
Tickets: \$10

Entertainment by : Walt Lipic
Catering by: Police Chief



The Brownstown Senior Center is hosting a senior Dinner Dance on August 28th. This is the annual Texas BBQ. Enjoy an evening out with great food, great entertainment, and great friends. Catering will be by The Chief. Live band entertainment will be provided by Walt Lipic. Beverages, including beer and wine will be served. Evening activities also include a 50/50 raffle and door prize giveaway. Tickets are only available August 21st or until sold out, so purchase your tickets before they're gone!

AMERICAN DIABETES ASSOCIATION FOOT SCREENING

&

OAKWOOD HOSPITAL



September 24, 2008
10am until 4pm

Free Diabetic Foot Exams
And other information on how to stay healthy

The Event Will Be Located at the:
Brownstown Senior Center
21311 Telegraph Rd.
Brownstown, MI 48183

NO Reservations

2008 SPRING/ SUMMER ENRICHMENT CLASS SCHEDULE



COMPUTER CLASSES

Computers: Back to the Basics

Are you new to using personal computers? Familiarize yourself with the basic functions and uses of the personal computer in a relaxed, non-threatening environment. Learn the very basics about the hardware. Explore the software that is most commonly found on basic IBM-compatible computers. Use the Windows operating system, and see how word processing and spreadsheet software can be applied to fit your individual needs. Discuss how your information is stored, data security, computer viruses, and learn how to determine which computer would best fit your needs when purchasing. (3 week session)

Word 1: An Introduction to Word-processing

Learn the basic features of Microsoft Word in the easy to use Windows environment. This hands-on class will cover such topics as creating documents, editing text, formatting documents using special font effects and paragraph alignment, creating bulleted and numbered lists, applying borders and shading, and inserting document headers and footers. Prerequisite: Basic computers or equivalent knowledge.

(3 week session)

Internet Basics

Find out how easy it is to: send electronic mail to your children, grandchildren, friends and relatives; check on your investments; make travel arrangements; shop; and maybe even instantly locate people you lost touch with years ago. Come explore the World Wide Web as you learn basic skills to "surf the Internet" on your own. See what all the talk is about! Some computer experience and familiarity is required.* (3 week session)

Class	Days	Start Date	Cost	Time	Instructor
Back to Basics	Tues. & Thurs.	TBA	\$40PP	1-3:00 pm	Kevin
Back to Basics	Tues. & Thurs.	TBA	\$40PP	4-6:00 pm	Kevin
Word 1	Mon. & Wed.	TBA	\$40PP	1-3:00 pm	Kevin
Internet Basics	Mon. & Wed.	TBA	\$40PP	4-6:00 pm	Kevin

- NO DROP IN'S PLEASE! YOU MUST REGISTER IN ADVANCE AT THE BROWNSTOWN COMMUNITY CENTER (734) 675-0920.**



MACKINAC ISLAND TRIP MEETING SEPTEMBER 19TH



The Mackinac Island trip is right around the corner which means it's time for us to get together and go over the final details of the trip. The meeting is set for Friday, September 19, 2008 at 1:00pm at the Brownstown Community Center. Please call the Center if you are unable to attend, so that Maxine can have the information available for you to pick up at another time.

The "Participant Medical Information" form as well as a "Participant Consent Form." need to be submitted prior to trip departure. Please complete both forms and return to Maxine at the meeting.

Your vehicle must be parked in the last row of the parking lot. An overnight parking pass to display on the dash of your car and other important information will be shared with you at the meeting. If you have any questions, please call me at the Center at (734) 675-0920.

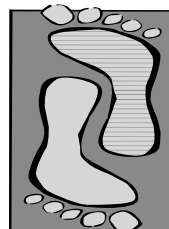
FOOT DOCTOR



Brownstown Community Center
Friday, August 8, 2008
Appointments begin at 9:15am

Call Brownstown Recreation at (734) 675-0920 for your appointment time.

Dr. Wilbur, P.C. will be at the Center every other month to provide our seniors with the foot care they need in the convenience of the Community Center location.



There is no charge to you. Your Medicare and/or insurance will be billed. Dr. Wilbur can provide treatment of corns, calluses, arthritis, fungus, ingrown nails, diabetic feet, chronic wounds, infections, and more. Dr. Wilbur also does in home foot care for seniors.

Senior Food Report

By Helen Fryer

Hey Seniors what's cookin? I'm hoping each of you are enjoying your life each day. The thought for today, the best and most beautiful things in the world cannot be seen nor touched but are felt in the heart.

July 3rd— Senior Advisory Board met with questions and discussions. No cookies, just coffee. Pleasure Seekers Meeting was also held and after each officer gave a report we had the 50/50 drawing and celebrated birthdays with ice cream and desserts followed by Bingo

July 8th—The Red Hatters met to discuss the plans Bingo and Boxed Lunch event.

July 14th — Senior Travel Club met Maxine discussed the trips. We had coffee and cookies.

July 15th- A group of Seniors went to the movie theater. We had a great meal and had pop and popcorn.

July 15th- The Pleasure Seekers had their potluck meeting. Various foods were brought in to pass. The dessert was very good and we played bingo after potluck.

July 21st- we had Bingo Breakfast the Brownstown Firemen came to help us. We had pancakes, sausage, fruit, and juice to eat. Afterwards we played bingo.

July 24th-We had the American Celebration Dinner Dance. We had chicken, roast beef, salad green beans, mashed potatoes, jello, a pasta dish and a variety of desserts. The Catering was by ABC and the entertainment was by the Internationals.

July 28th-We had potluck and Game night. Various dishes were brought in to pass and then we played bingo.

July 31st- The Red Hatters had a bingo and boxed lunch event . We had a great good crowd and a great time was had by all.

Till next time—Bon Appetite!

Helen



HEARING CHECK-UPS



Brownstown Community Center
Wednesday, August 5, 2008
Appointments begin at 10am

Call The Brownstown Community Center at (734) 675-0920 for your appointment time. Dr. Wizgird, BC-HIS will be at the Center every other month to provide our seniors with the hearing care they need in the convenience of the Community Center location. There is no charge to you. Dr. Wizgird can do hearing evaluations and hearing aid cleanings. If you are having trouble with your ears or just need maintenance on your current equipment give us a call to make an appointment with Dr. Wizgird. Dr. Wizgird also does in-home hearing services for seniors.

23RD ANNUAL DOWNRIVER SENIOR OLYMPIC'S **AUGUST 4TH -8TH**

This year the Senior Olympics will be hosted by the City of Trenton. Most events will be held at various locations in Trenton.

Once again, Wayne County Executive, Robert Ficano, will be providing all registered participants with a kick off breakfast on opening day. Senior Olympic events include baking contest, softball throw, ring toss, Frisbee toss, soccer kick, euchre, tennis, billiards, horseshoes, darts, pinochle, ping pong, shuffleboard, golf, swimming, basketball shoot, bridge, bocce ball, and bowling. Participants are also encouraged to participate in the opening ceremonies and the fun walk.

SENIOR CHORE PROGRAM

The purpose of the Senior Chore Program is to assist low to moderate income senior citizens with chores around the house, and minor routine home maintenance projects. In order to help seniors maintain their independence and continue to live in their own home. Funding for 2008 projects will not be available until after July 1, 2008.

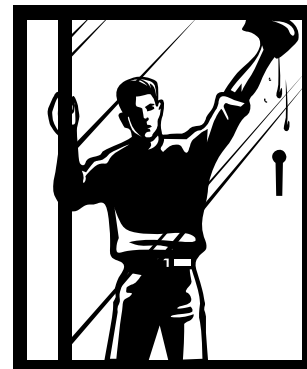
Eligibility:

- Must be age 62 or above
- Must be a Brownstown resident who owns and lives in your home at least 12 months.
- Must have an income at or below \$24,450 for 1 person, or \$27,450 for 2 people in the household.

Services available include grass trimming, weed trimming, snow removal, gutter clearing, and other home maintenance projects. The following documentation is needed in order to apply for the program.

- Proof of residency: Valid drivers license or State ID showing current address.
- Proof of homeownership: Copy of deed or most recent tax bill.
- Proof of income tax or tax credit statement; if no taxes filed; then income, or W-2's as it applies to you.

Please contact the Brownstown Recreation Department at (734) 675-0920 for more information or to obtain an application.



DOWNRIVER COMMUNITY CONFERENCE ENERGY ASSISTANCE PROGRAM

The Downriver Community Conference is pleased to announce receiving a grant to assist qualified households on their heat bill. They will begin taking applications Thursday, January 3, 2008. All clients have to be income eligible. The clients will receive **up to \$500**, based on the amount owed on their utility bill.

The following information is needed to apply: (Two) Proof of Household income for the last 12 months, Current Utility Bills, Picture Identification, Social Security number and Birth dates of each person in the home. For more information or to apply, please call the Downriver Community Conference Weatherization at (734) 362-3473 or 3475.



**Downriver Community Conference
Weatherization
15100 Northline
Southgate, MI**

SENIOR NEWS & TIDBITS

Seniors Being Hit Hard by Unexpected 16 Percent Increase for Top Medicare Drug Plans

SeniorJournal.com

June 5, 2008 – Gasoline prices, food prices – everything is going up. Senior citizens, however, are being quietly hit by a gigantic surprise in the form of a premium increase in their Medicare prescription drug plan, despite claims by the administration in January that prices were lower for 2008. Instead, average monthly premiums for enrollees in the 10 most popular Medicare prescription drug plans (PDPs) increased by 16% in 2008, according to new enrollment weighted analysis of Part D data released today by Avalere Health.

The worst offender is the AARP MedicareRx Saver, which raised its average premiums from \$14.43 in 2007 to \$26.56 in 2008, an 84% increase.

A news release from the Centers for Medicare and Medicaid Services in January said the “projected cost of providing Medicare beneficiaries with a prescription drug benefit through private health plans has come down again.”

The new enrollment data, released by the CMS in late May, provides the most current detail on Medicare beneficiary plan choices as of April 2008 and is the first comprehensive view of beneficiary behavior post-open enrollment season.

While seniors faced a 16% average premium price increase between June 2007 and April 2008, some of the most popular plans including Humana PDP Standard, AARP MedicareRx Saver, and WellCare Classic, raised their premiums by more than 50%.

"A 16% increase is significant in and of itself, because premiums are rising rapidly at a time when Medicare beneficiaries are finding it harder to afford it," Dan Mendelson, president of Avalere, told the Los Angeles Times.

"These are individuals on a fixed income who are facing rapidly rising prices elsewhere in the economy."

Indeed, he added, premiums for many seniors appear to be going up faster than the cost of coverage for commercial insurance plans that serve workers and their families, according to the Times report by Ricardo Alonso-Zaldivar.

"Data from Mercer, a benefits consulting firm, show that drug-benefit costs rose a little more than 9% last year for large employers. Both kinds of coverage are delivered by private insurers, but because the Medicare plan is heavily subsidized by taxpayers, a precise comparison is difficult,"

wrote Zaldivar.

"Although seniors are one of the most important groups of voters, Medicare has not been a major issue so far in this year's election," he added. "But the rise in prescription premiums may boost Democratic proposals to authorize Medicare to negotiate prices with the pharmaceutical industry."

The analysis also found that the average premium increase was lower than if Medicare beneficiaries had stayed in the same top 10 plans as last year. If beneficiaries in the top 10 plans for 2007 had stayed in their plans, premiums would have increased by about 21%.

"Medicare beneficiaries are conscious of value, and many switched into lower cost plans for 2008," said Penny Mills, vice president at Avalere.

For example, SilverScript's enrollment increased 38% after reducing its premium from \$27.40 in 2007 to \$20.84 in 2008, a 30% difference. At the same time, SilverScript significantly increased the number of drugs covered on its formulary, while other plans were in the process of reducing the generosity of their drug coverage (e.g., increasing cost sharing).

Other key findings from Avalere's analysis:

- The top 10 Part D organizations are no longer consolidating enrollment. Their share of the market shrank from 75% in June 2007 to 72% in April 2008. This reflects the fact that United and Humana lost a large share of individuals dually eligible for Medicare and Medicaid, as well as the

commercial success of a number of competitive smaller plans including regional Blue Cross plans that carry strong name recognition.

- Enrollment in Medicare preferred provider organizations (PPOs) - which many analysts declared dead - grew substantially. The lifting of the two-year moratorium imposed by the Medicare Modernization Act on new local PPO contracts was lifted at the end of December 2007 and the market responded. Enrollment in local PPOs grew 64% and enrollment in regional PPOs grew 80%. The winners in these products were large health plans including United, Humana, and WellPoint.

- Enrollment in private fee-for-service (PFFS) plans continued to grow, albeit less rapidly than last year. The number of beneficiaries receiving drug coverage through PFFS plans grew by 30%, reflecting the success of voluntary marketing restrictions adopted by the major plans as well as the probable saturation of the individual markets in profitable areas.

View Avalere's analysis of the most current enrollment data and premium prices for the 10 most popular Medicare drug plans below.

Source: Avalere Health analysis using 2008 "landscape files" for PDPs released September 27, 2007 by the Centers for Medicare and Medicaid Services (CMS). 2007 data from November 2006.

* 2007 offerings enrollment-weighted with July 2007 enrollment data. 2008 offerings enrollment-weighted with May 2008 enrollment data.

Avalere Health is a leading advisory company focused on business strategy and public policy. It serves a diverse client base, which includes Fortune 500 healthcare technology companies, federal government agencies, and major medical foundations. The company is organized into seven substantive areas - Medicare, Medicaid, Reimbursement, Long-Term and Post-Acute Care, Health Information Exchange, Evidence-Based Medicine, and Education. Anchored by a comprehensive research engine and staffed by experts in business, medical product commercialization, and health policy, Avalere provides strategic guidance, objective analytic research, and quality educational programs focused on the full range of healthcare issues facing our nation.

FOR YOUR INFORMATION

15-Minute Marinated Chicken

Recipe courtesy of
Allrecipes.com

INGREDIENTS:

1/4 cup Dijon mustard
2 tablespoons fresh lemon juice
1 1/2 teaspoons Worcestershire sauce
1/2 teaspoon dried tarragon
1/4 teaspoon pepper
4 boneless, skinless chicken breast halves

Add to Recipe Box

My folders:

DIRECTIONS:

Combine the first five ingredients; spread on both sides of chicken. Place chicken on plate. Marinate at room temperature for 10-15 minutes or for several hours in the refrigerator. Grill, uncovered, over medium coals, turning once, for 10-15 minutes or until juices run clear.

FOOTNOTE

Diabetic Exchanges: One serving equals 3 lean meat; also, 161 calories, 287 mg sodium, 73 mg cholesterol, 2 gm carbohydrate, 28 gm protein, 4 gm fat.



AUGUST CRAFT

TRAVEL

New trips are announced and offered at the monthly Travel Club Meeting which is held the second Monday of each month. Brownstown residents can join the Travel Club for discounts on travel. Membership is \$10 per year. The next Travel Club meeting will be Monday, August 11, 2008 at 11:00am. Join us to learn about our new trips. Any senior may travel with us, you do not have to be a member.

TIGERS BASEBALL GAME

August 14, 2008

\$45

Trip Includes:

- Round trip transp. Via Senior Bus
- Admission to Tigers Baseball Game
- Lunch

MICHIGAN PRINCESS LUNCH CRUISE

August 12, 2008

\$72

Trip Includes:

- Round trip transp. Via Motor Coach
- Buffet Lunch on Board the Boat
- Princess Riverboat Ride on the Grand River
- Enjoy and visit to MSU Dairy and enjoy a scoop of ice cream.

MUSKEGON, MI

August 19-20, 2008

\$349

Trip Includes:

- Round trip transp. Via Motor Coach
- Cruise aboard the Port City Princess Ship
- Train Ride on the Coopersville Railway
- Several self-guided tours
- Baggage Handling and Tours included

ROCKIN OLDIES AT ZHENDERS

September 17, 2008

\$55

Trip Includes:

- Round trip transp. Via the senior bus
- Rockin Oldies show featuring Elvis, Neil Diamond, and more.
- Gourmet chicken lunch served at Zhender's

AFTERNOON AT THE MOVIES

August 19, 2008

\$19

Trip Includes:

- Round trip transp. Via the senior bus
- Admission to a first run movie
- Buffet style lunch

RESALE SHOPPING

September 23, 2008

\$55

Trip Includes:

- Round trip transp. Via Motor Coach
- Lunch at Genniti's Hole in Wall in Northville
- Shopping at several resale shops

FLAVORS OF AUTUMN

September 30, 2008

\$52

Trip Includes:

- Round trip transp. Via Motor Coach
- Great Harvest Bread Company
- Lunch at Stone Fire Bistro
- Spicer's Orchards and Farm Market

DETROIT PRINCESS

August 27, 2008

\$50

Trip Includes:

- Round trip transp. Via the senior bus
- Lunch and Entertainment on the Boat
- Tour of Riverwalk, River Plaza, and Renaissance Center.

DETROIT SYMPHONY ORCHESTRA

October 2, 2008

\$50

Trip Includes:

- Round trip transp. Via the senior bus
- Lite breakfast before the show
- Admission to "Louis Armstrong's New Orleans" at the Detroit Symphony Orchestra

HEAVEN & HELL

October 24, 2008

\$59

Trip Includes:

- Round trip transp. Via Motor Coach
- Heavenly Scent Herb Farm
- Lunch at Zurkey Lake Tavern
- Tour of Hell Michigan
- A stop at Screams Ice Cream

FOUR WINDS CASINO

October 2, 2008

\$125

Trip Includes:

- Round trip transp. Via Motor Coach
- 1 night accommodations in New Buffalo, MI
- 1 Continental Breakfast
- Time to gamble at Four Winds Casino

SOARING EAGLE

November 2, 2008

\$34

Trip Includes:

- Round trip transp. Via Motor Coach
- Gambling at Soaring Eagle Casino
- Casino Package
- Shishewana on the Road

SHA BOOM AT THE HEARTLAND SENIOR CENTER

October 16, 2008

\$30

Trip Includes:

- Round trip transp. Via the Senior Bus
- Lunch at BD's Mongolian BBQ
- "SHA BOOM" at the Heartland Senior Center

DETROIT SYMPHONY ORCHESTRA

Nov.13, 2008

\$50

Trip Includes:

- Round trip transp. Via the senior bus
- Lite breakfast before the show
- Admission to "Classic Broadway" at the Detroit Symphony Orchestra
- Lunch at Karl's Cabin

August 2008

	MON	TUE	WED	THU	FRI	S	S
	4	5 11 am Meijer	6 9am Quilters 10am Exercise	7 11am Sr. Advisory Board Meeting 12-1pm BP Checks 1-3pm Pleasure Seekers Meeting	8 9:15am Foot Doctor 10am Exercise	9	10
	11 11am Travel Club	12 10am Exercise 12:30pm Euchre	13 9am Quilters 10am Exercise 10am Hearing Doctor 11am Kroger	14 10am Wal-Mart (Local)	15 10am Exercise	16	17
	18 9am Bingo Breakfast	19 10am Exercise 12:30pm Euchre	20 9am Quilters 10am Exercise 11am Meijer	21 1-3pm Pleasure Seekers Meeting (potluck)	22 10am Exercise	23	24
	25 5pm Potluck & Game Night	26 10am Exercise 12:30 Euchre	27 9am Quilters 10am Exercise 11am Kroger	28 9:30am Dance Set-up 4pm-8:30pm Texas BBQ	29 10am Exercise	30	31
	1 Labor Day Building Closed	2 10am Exercise 12:30pm Euchre 1pm Meijer	3 9am Quilters 10am Exercise	4 11am Sr. Advisory Board Meeting 12-1pm BP Checks 1-3pm Pleasure Seekers Meeting	5 10am Exercise	6	7



Charter Twp. of Brownstown
Community Center
21311 Telegraph Rd.
Brownstown, MI 48183

www.brownstown-mi.org

Phone: 734-675-0920
Fax: 734-675-2692

THANK YOU

Thank you for supporting our Center with your many donations. When you drop off a donation, please sign your name and what you donated on the sheet on the Senior Coordinator's office window.

Helen Slublowski—Coffee

Anna Johns—Basket

Richard May and Leona Abbott—Coffee

John and Ester Casagrande— Card Holder, Vacuum Bottle, and Spelling Machine

Pearl Kamin—Cookies and Basket with items

Cecilia and Richard Norman— Coffee

Grace Millitillo— Crackers

June and Bill Lesniak—Books

Irene Czajkowski —Basket Items

*The Brownstown Senior Center is funded through the Charter Township of Brownstown,
The Older Americans Act, The Older Michigianians Act, and The Senior Alliance.*

SENIOR RESOURCES

The Senior Alliance

1-800-815-1112

www.aaa1c.org

info@tsalink.org

Information & Assistance for:

- Caregiver support
- Prescription Assistance Programs
- Legal Assistance
- Senior Housing
- Adult Day Services
- Home Delivered & Congregate Meals
- Homemaking & Personal Care
- Respite Care
- Long Term Care Options
- Medicare/Medicaid Assistance Program
- Senior Refugee Support Program

Legal Assistance

LADA

1-877-964-5310

WCNLS Elder Law Center

(313) 937-8291

Senior Employment

AARP Senior Employment (734) 281-2470

Family Independence Agency (734)281-8204

Taylor office—22050 Pennsylvania

- Medicaid
- Food Stamps
- Emergency Assistance

Wayne County Nutrition Program

Home Delivered Meals / Liquid Nutrition

1-800-851-1454

Do Not Call List

1-888-382-1222

Wayne County Prescription

Discount Card

1-866-896-3450

Medicare

1-800-633-4227

Focus Hope

(734) 246-6053

- ◆ Monthly food distribution

Adult Protective Services 1-877-963-6006

- ◆ To report abuse, neglect, or exploitation of individuals age 18 or older

We're on the web!

www.metrodetroitseiors.com

Click on "senior events"

then click on Brownstown

The Senior Alliance

www.aaa1c.org

Michigan Office of
Services to the Aging
www.miseniors.net