



BROWNSTOWN SENIOR NEWS

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Township Board

- Supervisor*
- Arthur F. Wright
- Clerk*
- Sherry A. Berez-Burton
- Treasurer*
- Diane L. Philpot
- Trustees*
- John J. Cronin
- Suzanne M. Harris
- Albert G. Mann
- Edwin C. Neal II

Senior Coordinator

Maxine Schofield

Senior Advisory Board

- Helen Fryer
- Karen Gardner
- Margaret Gendron
- JoAnn Jeffery
- Earl Jones
- Grace Militello
- Dottie Rogal
- Donna Sexton
- Helen Slubowski
- Virginia Uroda
- Ethel Varga
- Dolores Zavalney
- Sarah Ziegler

MAY NEWS

Spring has arrived and there are plenty of activities at the Brownstown Senior Center to keep you busy! The Mother's Day Breakfast is on May 9th at 9am. Space is limited so make sure that you register by the sign-up deadline.

The Travel Club will be hosting the annual Spaghetti Dinner on May 8th here at the Community Center. Don't forget to tell your friends and family about this great fundraiser.

Are you a lady who likes to have fun? The Red Hat Ladies have a schedule packed full of fun events that you can sign up for! See page 4 for more information.

We will be hosting an AARP Drivers Safety Program here at the Community Center. The program is designed as a refresher course for mature drivers. There is a minimal fee for participation. For more information or to register call or visit the front desk.

Registration for Senior Olympics has begun. Pick-up your registration forms from the front desk.

This spring and summer The Senior Program will be offering several trips to Northern Michigan. We will be heading to Petoskey, Muskegon, Kewadin Casino, The Cherry Festival in Traverse City and many more places! The Brownstown Senior Center is offering several new enrichment classes such as life journaling, poetry, and art classes! If you are interested in any of these spring/summer classes make sure that you put your name on the waiting list at the front desk.

We are in need of volunteers for the Meals on Wheels program. Please contact Karen Wright at (734) 675-0920 for more information.

The Senior Center will be closed on May 26th for the observance of Memorial Day.

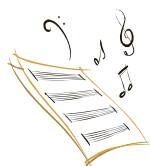


SENIOR CHOIR REPORT
HELEN ST. LOUIS

Greetings from the Funlovers!

Scheduled Performances

May 12th at 1pm at Oakwood Commons



MEETINGS

BROWNSTOWN SENIOR ADVISORY BOARD

Thursday, May 1, 2008 at 11:00 am

BROWNSTOWN SENIOR TRAVEL CLUB

Monday, May 12, 2008 at 11 am

BROWNSTOWN PLEASURE SEEKERS

Business Meeting (Birthdays) & Bingo

Thursday, May 1, 2008

1:00-3:00pm—Halls A & B

Potluck Meeting & Bingo

Thursday, May 15, 2008

1:00-3:00pm—Halls A & B

POTLUCK DINNER

July 28, 2008

5:00pm

BROWNSTOWN PLEASURE SEEKER OFFICERS

President Karen Gardner

Vice President Ethel Varga

2nd Vice President Eleanor Starkey

Treasurer Helen St. Louis

Secretary JoAnn Jeffery

Social Secretary Irene DaDeppo

Co-Social Secretary Berta Mae Dezomits

Brownstown Pleasure Seekers meet the 1st and 3rd Thursday of the month from 1pm-3pm. Membership is \$10 per year plus a one time \$2 charge for a name tag. The Pleasure Seekers sponsor four senior dinner dances per year as well as other social events for members. It's a great club to join if you want to make new friends and have a great time. Membership is open to Downriver senior citizens age 55 and over. If interested in joining this senior club, see Treasurer, Helen St. Louis, at one of the meetings for a membership form.

PROGRAMS & EVENTS

FUNLOVERS BAND

Director—Helen St. Louis

EUCHRE

Tuesdays at 12:30pm

Director—Sara Raupp

EXERCISE

Tuesdays, Wednesdays & Fridays at 10:00am

25¢ donation for each class

Prime Time Senior Fitness Video

QUILTING

Wednesdays at 9am

Teacher—Pat Shanaver

BOWLING— SEE YOU IN SEPTEMBER!

Fridays at 1:00pm

At Flat Rock Lanes

BLOOD PRESSURE CHECKS

First Thursday of the month from 12-1pm.

Provided by Henry Ford Wyandotte Hospital nurses.

BINGO BREAKFAST

Monday, May 19, 2008— 9:00am

Pancakes, sausage, fruit, juice, coffee, and bingo. \$2.50 donation if not playing bingo. Please register in advance at the Recreation Desk.

POTLUCK & GAME NIGHT

Monday, July 28, 2008—5pm

Bring a dish to pass and a 50¢ donation. The Center provides a meat dish and beverages. \$3 donation if you do not bring a dish to pass. Please sign up in advance at the Recreation Desk.

SHOPPING

For all shopping trips, you must reserve a seat on the bus **at least 24 hours in advance** by calling (734) 675-0920, or in person at the Center. Cost = \$1

- Meijer 5/6, 5/20, 6/3 - 1:00pm
- Kroger 5/14, 5/28—11:00am
- Wal-Mart & Dollar Store (Local) 5/8— 10:00am
- Family Dollar 5/27—11:00am

SENIOR PROGRAMS & EVENTS

HEARING CHECK-UPS

Brownstown Community Center
 Wednesday, June 11, 2008
 Appointments begin at 10am



Call The Brownstown Community Center at (734) 675-0920 for your appointment time.

Dr. Wizgird, BC-HIS will be at the Center every other month to provide our seniors with the hearing care they need in the convenience of the Community Center location.

There is no charge to you. Dr. Wizgird can do hearing evaluations and hearing aid cleanings. If you are having trouble with your ears or just need maintenance on your current equipment give us a call to make an appointment with Dr. Wizgird.

Dr. Wizgird also does in-home hearing services for seniors.



AARP DRIVER SAFETY PROGRAM AT THE SENIOR CENTER MAY 28TH & 29TH 9:30AM -1:30PM

Why Take a Driver Safety Class?

The AARP Driver Safety Program is the nation's first and largest refresher course for drivers age 50 and older that has helped millions of drivers remain safe on today's roads. AARP has offered the course in the classroom for 25 years and now offers the same course online. It is designed to help you:

1. Tune up your driving skills and update your knowledge of the rules of the road.
2. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes.
3. Reduce your traffic violations, crashes, and chances for injuries.
4. Drive more safely.
5. Get an insurance discount. Auto insurance companies in most states provide a multiyear discount to AARP graduates!

AARP members receive discounts on the AARP Motoring Plan from GE Motor Club.

Fee : \$10 per person

See the front desk if you have questions. Register at the front or (734) 675-0920 with a Visa or Mastercard.



Brownstown Feisty Red Hatters

If you enjoy having a good time with your friends....then the Brownstown Red Hat Club is for you! There is no cost to join the Brownstown Chapter. *Members and guests must dress in full regalia (Red hat, purple outfit for women over 50, or pink hat and lavender outfit for women under 50) when coming to Red Hat events and meetings.*

UPCOMING RED HAT EVENTS:

NEXT EVENT: CINCO DE MAYO TRIP TO MEXICAN TOWN (DETROIT)

MONDAY, MAY 5TH

11AM DEPARTURE FROM THE COMMUNITY CENTER

COST: \$2 FOR BUS (PAY AT REGISTRATION) PAY FOR YOUR OWN LUNCH

NEXT EVENT: SHOPPING AT MARSHALL'S & IKEA LUNCH AT TEXAS ROADHOUSE

TUESDAY, MAY 13TH

9AM DEPARTURE FROM THE COMMUNITY CENTER

COST: \$2 FOR BUS (PAY AT REGISTRATION) & PAY FOR YOUR OWN LUNCH

NEXT EVENT: 1 YEAR ANNIVERSARY PARTY

WEDNESDAY, MAY 14TH

11AM AT THE COMMUNITY CENTER

YOU MUST REGISTER AT THE FRONT DESK. FREE! BRING A FRIEND

NEXT EVENT: SHOPPING AT THE RED HAT STORE IN LIMA, OHIO/LUNCH AT LOCAL RESTAURANT

TUESDAY, MAY 27TH

9AM DEPARTURE FROM THE COMMUNITY CENTER

COST: \$5 FOR BUS (PAY AT REGISTRATION) & PAY FOR YOUR OWN LUNCH

NEXT EVENT: RED HAT LADIES 3 DAY ESCAPE

JUNE 2ND – 4TH

DEPARTURE FROM THE COMMUNITY CENTER AT 8AM

COST \$230.00/ INCLUDES YOUR CHOICE OF 1 SPA TREATMENT.

NEXT EVENT: SPAGHETTI DINNER (FUNDRAISER)

THURSDAY, JUNE 12TH 4-7PM

VOLUNTEERS NEEDED FOR SERVING, PREPERATION, & CLEAN-UP

SIGN UP FOR THESE EVENTS AT THE FRONT DESK (734) 675-0920.



CARIBBEAN DINNER DANCE

Brownstown Community Center
Thursday, May 22, 2008

Doors Open: 4:00pm
Dinner: 5:00pm
Dancing: 6:00– 8:30pm
Tickets: \$10

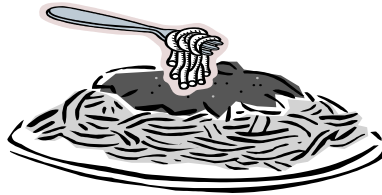
Entertainment by : Ray Adams
Catering by: Veronica's



The Brownstown Senior Center are hosting a senior dinner dance on May 22nd. This is the annual Caribbean. Enjoy an evening out with great food, great entertainment, and great friends. Catering will be by Veronica's. Live band entertainment will be provided by Ray Adams. Beverages, including beer and wine will be served. Evening activities also include a 50/50 raffle and door prize giveaway. Tickets are only available May 15th or until sold out, so purchase your tickets before they're gone!

Spaghetti Dinner

Brownstown Community Center
Thurs., May 8, 2008
4:00-7:00pm
Adults \$5
Children age 4-10 \$3
Age 3 and under free



Brownstown Community Center
Thurs., June 12th, 2008
4:00-7:00pm
Adults \$5
Children age 4-10 \$3
Age 3 and under free

Mark the date on your calendar—May 8th The Brownstown Senior Travel Club will be holding a Spaghetti Dinner fundraiser at the Brownstown Community Center from 4:00pm-7:00pm.

Everyone is invited to attend. Dinner will include spaghetti and sauce, salad, bread, dessert and beverage. Funds raised will be used by the travel club to help reduce the price of trips for members. Volunteers are needed. 50/50 tickets will be sold at the dinner.

Mark the date on your calendar—June 12th The Brownstown Feisty Red Hatters will be holding a Spaghetti Dinner fundraiser at the Brownstown Community Center from 4:00pm-7:00pm.

Everyone is invited to attend. Dinner will include spaghetti and sauce, salad, bread, dessert and beverage. Funds raised will be used by the Red Hatters to help reduce the price of activities for members. Volunteers are needed. 50/50 tickets will be sold at the dinner.

2008 SPRING/ SUMMER ENRICHMENT CLASS SCHEDULE



ARTHRITIS FOUNDATION EXERCISE CLASSES

Beginner Level Class is a 45 minute non-impact exercise class that offers chair and stand up exercises designed to improve joint mobility . Bring water to class and wear comfortable clothes. (8 week session)

Advanced Level Class is a 45 minute workout and includes non impact floor exercise and deep breathing/ relaxation exercises. Wear comfortable clothes. Bring bottled water, and a floor mat to class. (8 week session)

Class	Days	Start Date	Cost	Time	Instructor
Beginner Level	Mon. and Wed.	June 2nd	\$30R/35NR	10-10:45am	TBA
Advanced Level	Mon. and Wed.	June 2nd	\$30R/35NR	11-11:45am	TBA



CREATIVE EXPRESSION CLASSES

Acrylic Painting

Express yourself with acrylic paint. Experience the versatility of acrylic paint as you explore different techniques, mixing colors, styles and consistencies using this water-soluble medium. Create realistic and impressionistic paintings including landscapes and still lifes. For the first meeting please bring a small detail brush and a medium flat brush; acrylic paints: white, cadmium yellow-deep hue, burnt umber, gray, magenta and phthalocyanine blue; a palette and a 18x24 canvas.* (6 week session)

Watercolor Painting

Introduce yourself to the basics of watercolor painting. A variety of projects will be explored to help develop creativity and self-expression in your art. Bring any supplies you have to the first class and a supply list will be discussed.* (6 week session)

Digital Camera I

Explore photography in the digital age. Learn how to master camera operations, understand terminology and how to make intelligent equipment choices. Enjoy some hands-on exercises and a lively question and answer segment. Picture this - you, a competent digital photographer! Equipment requirement: a digital camera.* (6 week session)

Class	Day(s)	Start Date	Cost	Time	Instructor
Acrylic Painting	Mon.	June 2nd	\$40R/45NR	10-10:45am	Ryan
Watercolor Painting	Mon.	June 2nd	\$40R/45NR	11-11:45am	Ryan
Digital Camera I	Mon.	June 2nd	\$40R/45NR	1-1:45pm	Ryan

- **NO DROP IN'S PLEASE! YOU MUST REGISTER IN ADVANCE AT THE BROWNSTOWN COMMUNITY CENTER (734) 675-0920.**

2008 SPRING/ SUMMER ENRICHMENT CLASS SCHEDULE



COMPUTER CLASSES

Computers: Back to the Basics

Are you new to using personal computers? Familiarize yourself with the basic functions and uses of the personal computer in a relaxed, non-threatening environment. Learn the very basics about the hardware. Explore the software that is most commonly found on basic IBM-compatible computers. Use the Windows operating system, and see how word processing and spreadsheet software can be applied to fit your individual needs. Discuss how your information is stored, data security, computer viruses, and learn how to determine which computer would best fit your needs when purchasing. (3 week session)

Word 1: An Introduction to Word-processing

Learn the basic features of Microsoft Word in the easy to use Windows environment. This hands-on class will cover such topics as creating documents, editing text, formatting documents using special font effects and paragraph alignment, creating bulleted and numbered lists, applying borders and shading, and inserting document headers and footers. Prerequisite: Basic computers or equivalent knowledge.

(3 week session)

Internet Basics

Find out how easy it is to: send electronic mail to your children, grandchildren, friends and relatives; check on your investments; make travel arrangements; shop; and maybe even instantly locate people you lost touch with years ago. Come explore the World Wide Web as you learn basic skills to "surf the Internet" on your own. See what all the talk is about! Some computer experience and familiarity is required.* (3 week session)

Class	Days	Start Date	Cost	Time	Instructor
Back to Basics	Tues. & Thurs.	TBA	\$40PP	1-3:00 pm	Kevin
Back to Basics	Tues. & Thurs.	TBA	\$40PP	4-6:00 pm	Kevin
Word 1	Mon. & Wed.	TBA	\$40PP	1-3:00 pm	Kevin
Internet Basics	Mon. & Wed.	TBA	\$40PP	4-6:00 pm	Kevin

Adult Beginning Scrapbook Techniques

Drowning in photos? Are you interested in scrap booking, but overwhelmed by choices and products? You will be taught the basic use of tools, color, page design, and techniques. The goal of this beginning class is to increase comfort level of participants, help them find basic tools and equipment and create usable pages.

Supplies Needed: Tape Runner (a must), 12" Trimmer, Personal Trimmer, Scissors.

Class	Days	Start Date	Cost	Time	Instructor
Scrap booking	Mon.	TBA	\$40PP	1-3pm	Shelly

- NO DROP IN'S PLEASE! YOU MUST REGISTER IN ADVANCE AT THE BROWNSTOWN COMMUNITY CENTER (734) 675-0920.

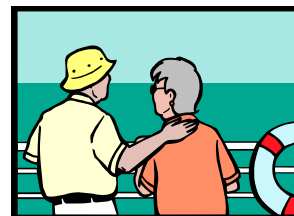
MACKINAC ISLAND TRIP MEETING SEPTEMBER 25TH



The Mackinac Island trip is right around the corner which means it's time for us to get together and go over the final details of the trip. The meeting is set for Thursday, September 25, 2008 at 1:00pm at the Brownstown Community Center. Please call the Center if you are unable to attend, so that Maxine can have the information available for you to pick up at another time.

The "Participant Medical Information" form as well as a "Participant Consent Form." need to be submitted prior to trip departure. Please complete both forms and return to Maxine at the meeting.

Your vehicle must be parked in the last row of the parking lot. An overnight parking pass to display on the dash of your car and other important information will be given to you at the meeting. If you have any questions, please call me at the Center at (734) 675-0920.



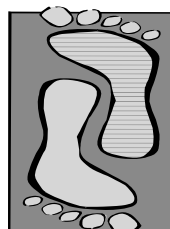
FOOT DOCTOR



Brownstown Community Center
Friday, May 9, 2008
Appointments begin at 9:15am

Call Brownstown Recreation at (734) 675-0920 for your appointment time.

Dr. Wilbur, P.C. will be at the Center every other month to provide our seniors with the foot care they need in the convenience of the Community Center location.



There is no charge to you. Your Medicare and/or insurance will be billed. Dr. Wilbur can provide treatment of corns, calluses, arthritis, fungus, ingrown nails, diabetic feet, chronic wounds, infections, and more. Dr. Wilbur also does in home foot care for seniors.

**“ENCHANTED GARDEN”
MOTHERS DAY BREAKFAST
Fri., May 9, 2007**



Brownstown Community Center
Fri., May 9, 2007
9:00am



Join us at the Center to celebrate our senior mothers, senior grandmothers, and senior great grandmothers. A delicious breakfast will be served to honor these wonderful ladies.

The theme will be “Enchanted Garden”

There is no charge for this event. Register in advance by calling Brownstown Recreation at 675-0920 or register by April 24th at the front desk.



*Get Healthy & Walk Brownstown!
Summer 2008*



Walking is one of the best forms of exercise. It uses up oxygen, causing your body to burn stored fat. For example, you'll expend about 100 calories by walking a mile. That might not seem like a lot at first, but just think about it. Most people average just under 3 miles through the course of their day. If you add an enjoyable morning jaunt or a brisk evening walk you could easily move 4 miles a day. If you walk 4 miles 4 times a week, you can burn 1600 calories! That's half a pound of fat gone. Add more steps to your day while making sure not to eat more calories than you use, and your body can't help but trim down.

Walking also strengthens muscles, which tones and shapes your body. The increased muscle mass boosts your metabolism. This means you burn calories long after you stop moving. And you don't have to get all of your walking in at once. If you don't have time for long walks, find pockets of time throughout your day for short jaunts.

Brownstown will be introducing a new senior walking program. The walking program will begin in June 2008. We will be walking each Friday at Lake Erie Metro Park located in Brownstown. For free you can ride the senior bus to Lake Erie Metro park and walk the trails by yourself or with a friend! It's a convenient way to fit walking into your schedule. Don't forget to bring your bottled water and wear comfortable shoes. Register for the program at the front desk.

<u>Program</u>	<u>Days</u>	<u>Start Date</u>	<u>Cost</u>	<u>Time</u>
Walk Brownstown	Monday	TBA	Free	9:30am Departure

WAYNE COUNTY SENIOR PICNIC-FICANOFEST

Hines Park

Warrendale Picnic Site in Hines Park

Warrendale Ave. between Telegraph and Ann Arbor Trail

Saturday, June 21, 2008

11:00am—2:00pm

Wayne County Executive, Robert Ficano will be hosting his 5th Annual Senior Ficanofest at Hines Park.

The event goes on rain or shine, is free to senior citizens, and will include prizes, entertainment, lunch, bingo, health screenings, information tent, and wheel of fortune.

All Wayne County senior citizens are invited to attend, but you must register for tickets by May 16th. Tickets will be available at the Center the week of the picnic for those who register in advance.

23RD ANNUAL DOWNRIVER SENIOR OLYMPIC'S

AUGUST 4-8, 2008

REGISTRATION DEADLINE—JUNE 27TH

This year the Senior Olympics will be hosted by the City of Trenton. Most events will be held at various locations in Trenton. Registration forms are available at the Center and must be turned in by June 27th if you would like to participate.

Once again, Wayne County Executive, Robert Ficano, will be providing all registered participants with a kick off breakfast on opening day. Senior Olympic events include baking contest, softball throw, ring toss, Frisbee toss, soccer kick, euchre, tennis, billiards, horseshoes, darts, pinochle, ping pong, shuffleboard, golf, swimming, basketball shoot, bridge, bocce ball, and bowling. Participants are also encouraged to participate in the opening ceremonies and the fun walk.

Pick up your registration form at the Center and return by June 27th by 12 noon.

SENIOR CHORE PROGRAM

The purpose of the Senior Chore Program is to assist low to moderate income senior citizens with chores around the house, and minor routine home maintenance projects. In order to help seniors maintain their independence and continue to live in their own home. Funding for 2008 projects will not be available until after July 1, 2008.

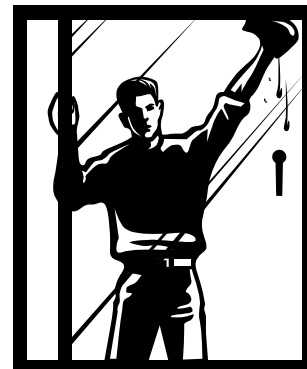
Eligibility:

- Must be age 62 or above
- Must be a Brownstown resident who owns and lives in your home at least 12 months.
- Must have an income at or below \$24,450 for 1 person, or \$27,450 for 2 people in the household.

Services available include grass trimming, weed trimming, snow removal, gutter clearing, and other home maintenance projects. The following documentation is needed in order to apply for the program.

- Proof of residency: Valid drivers license or State ID showing current address.
- Proof of homeownership: Copy of deed or most recent tax bill.
- Proof of income tax or tax credit statement; if no taxes filed; then income, or W-2's as it applies to you.

Please contact the Brownstown Recreation Department at (734) 675-0920 for more information or to obtain an application.



DOWNRIVER COMMUNITY CONFERENCE ENERGY ASSISTANCE PROGRAM

The Downriver Community Conference is pleased to announce receiving a grant to assist qualified households on their heat bill. They will begin taking applications Thursday, January 3, 2008. All clients have to be income eligible. The clients will receive **up to \$500**, based on the amount owed on their utility bill.

The following information is needed to apply: (Two) Proof of Household income for the last 12 months, Current Utility Bills, Picture Identification, Social Security number and Birth dates of each person in the home. For more information or to apply, please call the Downriver Community Conference Weatherization at (734) 362-3473 or 3475.



**Downriver Community Conference
Weatherization
15100 Northline
Southgate, MI**

SENIOR NEWS & TIDBITS

Senior Citizens Can Expect to be Targets of Tax Rebate Scammers

SeniorJournal.com

Fake emails, phone calls supposedly from IRS will want your personal financial info.

April 18, 2008 - The Internet thieves are having a field day with the economic stimulus refunds that will soon be sent to taxpayers in an effort to bolster the sagging economy. But, they have also started their usual barrage of fake IRS refund emails, like the one pictured on this page. Senior citizens, in particular, are targets of a number of scams using the stimulus payments and IRS refunds as ways to steal personal financial information. The email pictured on this page was recently received by the editor of SeniorJournal.com.

The Internal Revenue Service has warned taxpayers to beware of several current e-mail and telephone scams, like this one, that use the IRS name as a lure.

Senior citizens have been inundated with information about the stimulus rebate after Congress made it possible for millions of the elderly to qualify by including their Social Security payments to qualify. These seniors - many of whom had not been filing a tax return due to their low-income level - were required to file to get the rebate.

This may make seniors more susceptible to these refund scams, since they have not been accustomed to filing IRS returns.

This scam, and those that use the proposed rebates as bait, is a variation on the scam that is seen frequently after the April 15 tax filing date, which falsely tells recipients they are due a tax refund but they must fill out an application, which is a fake.

The goal of the scams is to trick people into revealing personal and financial information, such as Social Security, bank account or credit card numbers, which the scammers can use to commit identity theft.

Typically, identity thieves use a victim's personal and financial data to empty the victim's financial accounts, run up charges on the victim's existing credit cards, apply for new loans, credit cards, services or benefits in the victim's name, file fraudulent tax returns or even commit crimes. Most of these fraudulent activities can be committed electronically from a remote location, including overseas.

Committing these activities in cyberspace allows scamsters to act quickly and cover their tracks before the victim becomes aware of the theft.

Changes to Tax Law e-Mail

People whose identities have been stolen can spend months or years — and their hard-earned money — cleaning up the mess thieves have made of their reputations and credit records. In the meantime, victims may lose job opportunities, may be refused loans, education, housing or cars, or even get arrested for crimes they didn't commit.

Below are some of the related scams most recently brought to the attention of the IRS.

Rebate Phone Call

The IRS has seen several variations of a refund-related bogus e-mail which falsely claims to come from the IRS, tells the recipient that he or she is eligible for a tax refund for a specific amount, and instructs the recipient to click on a link in the e-mail to access a refund claim form. The form asks the recipient to enter personal information that the scamsters can then use to access the e-mail recipient's bank or credit card account.

In a new wrinkle, the current version of the refund scam includes two paragraphs that appear to be directed toward tax-exempt organizations that distribute funds to other organizations or individuals. The e-mail contains the name and supposed signature of the Director of the IRS's Exempt Organizations business division.

This e-mail is a phony. The IRS does not send unsolicited e-mail about tax account matters to individual, business, tax-exempt or other taxpayers.

Filing a tax return is the only way to apply for a tax refund; there is no separate application form. Taxpayers who wish to find out if they are due a refund from their last annual tax return filing may use the "[Where's My Refund?](#)" interactive application on this Web site, IRS.gov. The only official IRS Web site is located here at www.irs.gov.

Audit e-Mail

Another new scam brought to IRS attention contains features not seen before by the IRS. Using a technique calculated to get almost anyone's attention, the e-mail notifies the recipient that his or her tax return will be audited. This is the first scam of which the IRS is aware that uses this to get the victim to respond.

Unusual for a scam e-mail, it may contain a salutation in the body addressed to the specific recipient by name. Most scam e-mails seen by the IRS are sent using the same technique used by spammers, in which hundreds of thousands of messages are sent to potential victims based on Internet address. Because of the volume, the typical scam e-mail is not personalized.

This e-mail instructs the recipient to click on links to complete forms with personal and account information, which the scammers will use to commit identity theft.

This e-mail is a phony. The IRS does not send unsolicited, tax-account related e-mails to taxpayers.

This bogus e-mail is addressed to businesses, accountants and "Treasury" managers. It instructs them to download information on tax law changes by clicking on a series of links to publications on businesses, estate taxes, excise taxes, exempt organizations and IRAs and other retirement plans. The IRS believes that clicking on a link downloads malware onto the recipient's computer. Malware is malicious code that can take over the victim's computer hard drive, giving someone remote access to the computer, or it could look for passwords and other information and send them to the scamster. There are other types of malware, as well.

The urls contained in the link are not legitimate IRS Web addresses. All IRS.gov Web page addresses begin with <http://www.irs.gov/>.

Paper Check Phone Call

In a current telephone scam, a caller claims to be an IRS employee who is calling because the IRS sent a check to the individual being called. The caller states that because the check has not been cashed, the IRS wants to verify the individual's bank account number. The caller may have a foreign accent.

In reality, the IRS leaves it entirely up to the individual to choose to cash or not cash a paper check. The IRS has no business need to know, and does not ask for, bank account or similar information, except when taxpayers indicate on their tax return that they are opting for the direct electronic deposit of their refund. In that case, however, it is the individual's responsibility to provide the IRS with the correct bank routing and account numbers on the tax return; the IRS does not contact taxpayers to verify the information.

Senior Food Report

By Helen Fryer

Hey Seniors what's cookin? Some folks grow old gracefully but others become cranky and ill tempered. It's important to know which way we have grown. People don't get irritated and short tempered merely because they are getting older. Aging doesn't make us cranky. It's more likely we've become what we were becoming all along. We have to ask ourselves which way we are growing.

April 3rd — Senior Advisory Board met with questions and discussions and cookies and coffee. Pleasure Seekers Meeting was also held and after each officer gave a report we had the 50/50 drawing and celebrated birthdays with ice cream and desserts followed by Bingo

April 4th — Senior Travel Club met with a presentation from All Travel & Tours and Mark told us about upcoming trips. We had coffee and cookies.

April 17th –The Pleasure Seekers had a potluck luncheon with lots of great dishes and desserts.

April 21st –We had Bingo Breakfast. We ate pancakes, sausage, and fruit. Afterwards we played bingo.

April 22nd - the Red Hat Ladies went to a Red Hat Luncheon in Frankenmuth. There were 300 Red Hat Ladies there. The food and entertainment was wonderful and a good time was had by all.

April 24– We enjoyed the Oldies Dance and the food was good—we had chicken paprika, roast beef, pasta, corn, salad, jello, rolls and various desserts catered by Elizabeth's. Mike Zelanak was the band and we had a 50/50 raffle and the Pleasure Seekers raffled off baskets and goodies.

April 28th — Pot luck game night with Salisbury steak and corn casserole and lots of food brought in to pass. We had a 50/50 drawing and played bingo.



FOR YOUR INFORMATION

Layered Tortilla Lasagna

Recipe courtesy of
Allrecipes.com

Ingredients:

- About 4 tablespoons vegetable oil
- 3 cups (about 6 ounces) sliced stemmed mushrooms
- 1 1/2 cups corn kernels, preferably fresh and cut off the cobs (about 2 ears)
- 8 cups (about 10 ounces) packed, stemmed spinach leaves, well rinsed but not dried
- 1/2 teaspoon salt
- 16 tortillas (this is better with store-bought rather than homemade)
- 5 cups Chipotle Cascabel Salsa or substitute
- 1 cup heavy (whipping) cream, creme fraiche or plain yogurt
- 3 cups (12 ounces) shredded Mexican asadero-style cheese, brick, Monterey Jack or just about any melting cheese you like
- 15- or 16-ounce carton ricotta cheese
- About 1/3 cup chopped fresh cilantro, for garnish

Heat 1 tablespoon of the oil in a large skillet over medium. When quite hot, add the mushrooms and cook, stirring, until just tender, 3 to 5 minutes. Add the corn and cook for a minute or two longer, then scrape the mixture into a bowl. Return the skillet to the heat without washing it and add the damp spinach. Cook, stirring constantly, until just wilted, 2 to 3 minutes. Scoop into a colander set in the sink and use a spoon to gently press out excess moisture. Let the vegetables cool, then scoop the spinach in with the mushrooms and corn and season with the salt.

Pour a little of the remaining oil into a small skillet to lightly coat the bottom and set over medium heat until hot. One at a time, quick-fry the tortillas for a few seconds per side just to soften them. As the oil is used up, add a little more, let it heat a moment, then continue frying tortillas. Drain the tortillas in a single layer on paper towels, blotting them dry with additional towels. Cut the tortillas in half.

Heat the oven to 350 degrees. Lightly oil a 13 x 9-inch baking dish. In a medium-size bowl, mix the salsa with the cream or yogurt. Spread a thin layer of the salsa mixture over the bottom of the baking dish, then cover with 8 tortilla halves. Evenly top with half of the vegetables, a scant 1 1/2 cups of the remaining salsa mixture and 1 cup of the shredded cheese. Add another layer of 8 tortilla halves. Spread with the ricotta and another scant 1 1/2 cups of the salsa mixture. Top that second layer with a third round of 8 tortilla halves, the remaining vegetables, another portion of salsa mixture and 1 cup of the shredded cheese. For the final layer, evenly lay out the remaining tortillas, spread with the remaining salsa mixture (making sure to completely cover the tortillas) and evenly sprinkle on the remaining 1 cup shredded cheese.

Cover lightly with foil and bake for 25 minutes. Uncover and bake for an additional 10 to 15 minutes, until bubbling and lightly browned. Let stand a few minutes before sprinkling with the cilantro and cutting into squares to serve to your guests on warm plates

MAY CRAFT

TRAVEL

New trips are announced and offered at the monthly Travel Club Meeting which is held the second Monday of each month. Brownstown residents can join the Travel Club for discounts on travel. Membership is \$10 per year. The next Travel Club meeting will be Monday, May 12, 2008 at 11:00am. Join us to learn about our new trips. Any senior may travel with us, you do not have to be a member.

HOLLAND TULIP FESTIVAL

May 8-9, 2008
\$245 pp/db. Occ.

Trip Includes:

- Round trip transp. Via Motorcoach
- Dutch Market Place, Dinner, Tony Orlando Show
- Gerald Ford Museum, & Lots of Tulips!

MOTOR CITY CASINO

May 23, 2008
\$15

Trip Includes:

- Round trip transp. Via Motor Coach
- Reward Play & Beverage Credit

RED HAT SHOPPING & LUNCH

May 13, 2008
\$2 bus ride

Trip Includes:

- Round trip transp. Via the senior bus
- Shopping at Marshall's & IKEA of Canton.
- Lunch at Texas Road House (lunch not included)

RED HAT 3 DAY ESCAPE FEATURING FRANKENMUTH

June 2-4, 2008
\$230 p/p dbl. occ

Trip Includes:

- Round trip transp. Via Deluxe Motorcoach
- 2 Night Stay at The Bavarian Inn in Frankenmuth
- Breakfast each Morning
- Dinner each Night
- Your Choice of 1 Spa Treatment
- Strudel Making Class

WILLY WONKA THE MUSICAL

May 20, 2008
\$35

Trip Includes:

- Round trip transp. Via the senior bus
- Lunch at a Canton Resturant
- Admission to Willy Wonka at the Village Theater in Canton, MI.

DETROIT SYMPHONY ORCHESTRA

June 5, 2008
\$50

Trip Includes:

- Round trip transp. Via the senior bus
- Lite breakfast before the show
- Admission to "The Mambo Kings" at the Detroit Symphony Orchestra
- Lunch at Karl's Cabin

THE MALL AT PATRIDGE CREEK

June 10, 2008
\$5 bus ride

Trip Includes:

- Round trip transp. Via the senior bus
- Shopping at the Mall at Partridge Creek in Clinton Township
- Lunch on your own

HURON RIVER CRUISE

June 16, 2008
\$35

Trip Includes:

- Round trip transp. Via Senior Bus
- 2 hour cruise on the Huron River II
- Lunch

STAR CLIPPER DINNER TRAIN

June 11, 2008
\$75

Trip Includes:

- Round trip transp. Via Deluxe Motorcoach
- Admission to Star Clipper Dinner Train
- 3 Course Lunch on the Star Clipper

GREEKTOWN CASINO

July 16, 2008
\$18

Trip Includes:

- Round trip transp. Via Deluxe Motor Coach
- Gambling at Greektown
- \$20 coin voucher

TIGERS BASEBALL GAME

June 12, 2008
\$45

Trip Includes:

- Round trip transp. Via Senior Bus
- Admission to Tigers Baseball Game
- Lunch

AFTERNOON AT THE MOVIES

June 17, 2008
\$19

Trip Includes:

- Round trip transp. Via the senior bus
- Admission to a first run movie
- Gourmet lunch served buffet style

HOLOCAUST MEMORIAL CENTER

June 13, 2008
\$15

Trip Includes:

- Round trip transp. Via Senior Bus
- Admission to the Holocaust Memorial Center
- Lunch at Ponderosa

EDSEL & ELEANOR FORD HOUSE

June 18, 2008
\$32

Trip Includes:

- Round trip transp. Via Senior Bus
- Time for shopping at the Gift Shop
- Lunch
- A guided tour of the Estate

FREEDOM FESTIVAL FIREWORKS

June 23, 2008

\$110

Trip Includes:

- Round trip transp. Via Deluxe Motorcoach
- See the fireworks form the deck of the Detroit Princess Riverboat
- Includes Buffet Dinner, Dancing games and snacks throughout the evening

KEWADIN CASINO

July 21-23, 2008

\$182 p/p dbl. occ

Trip Includes:

- Round trip transp. Via Deluxe Motorcoach
- \$70 FREE Cash and Coin
- 2 Nights Stay at the Kewadin Hotel in Sault Ste. Marie
- Breakfast each morning

3 DAY NORTHERN MICHIGAN EXCURSION

June 24-26, 2008

\$325 p/p dbl. occ

Trip Includes:

- Round trip transp. Via Deluxe Motorcoach
- Breakfast and Dinner each Day
- Gaming Package for Victories Casino in Petoskey, MI
- 2 Nights Stay at the Perry Hotel in Petoskey, MI
- Boat Tour of Lake Charlevoix
- Breakfast each morning
- Taxes, Gratuity, and Baggage Handling

TIGERS BASEBALL GAME

August 14, 2008

\$45

Trip Includes:

- Round trip transp. Via Senior Bus
- Admission to Tigers Baseball Game
- Lunch

MUSKEGON, MI

August 19-20, 2008

\$349

Trip Includes:

- Round trip transp. Via Motor Coach
- 8 meals
- Cruise aboard the Port City Princess Ship
- Train Ride on the Coopersville Railway
- Several self-guided tours
- Baggage Handling and Tours included

TOLEDO MUDHENS

July 28, 2008

\$20

Trip Includes:

- Round trip transp. Via Senior Bus
- Admission to a Mudhen's Game
- Lunch

CORNWELL'S TURKEYVILLE

July 30, 2008

\$35

Trip Includes:

- Round trip transp. Via Senior Bus
- Turkey Dinner and Musical Afterwards
- Shopping in the Gift Shop

SALUTE TO SENIORS



September 3, 2008

\$50

Trip Includes:

- Round trip transp. Via the senior bus
- Box lunch and Plated Dinner
- Live Entertainment
- Admission to Several Vendors
- Shopping in the Arts and Crafts Tents

May 2008

MON	TUE	WED	THU	FRI	S	S
			1 11am Sr. Advisory Board Meeting 12-1pm BP Checks 1-3pm Pleasure Seekers Meeting	2 10am Exercise	3	4
5 11am Red Hat Cinco De Mayo Trip	6 10am Exercise 12:30pm Euchre 1pm Meijer	7 9am Quilters 10am Exercise 11am Kroger	8 10am Wal-Mart (Local) 4pm Travel Club Spaghetti Dinner	9 9am Mother's Day Breakfast 9am Foot Doctor 10am Exercise	10	11
12 11am Travel Club 1pm Funlovers at Oakwood	13 9am Red Hat Trip 10am Exercise 12:30pm Euchre	14 9am Quilters 10am Exercise 11am Red Hat Anniversary	15 1-3pm Pleasure Seekers Potluck Meeting	16 10am Exercise 	17	18
19 9am Bingo Breakfast	20 10am Exercise 12:30 Euchre 1pm Meijer	21 9am Quilters 10am Exercise	22 9:30am Dance Set-up 4pm-8:30pm Caribbean Dinner Dance	23 10am Exercise JUDY RETIRES!	24	25
26 BUILDING CLOSED MEMORIAL DAY	27 10am Exercise 11am Family Dollar 12:30pm Euchre	28 9am Quilters 9:30am AARP Drivers Class 10am Exercise 11am Kroger	29 9:30am AARP Drivers Class 	30 10am Exercise	31	1



Charter Twp. of Brownstown
Community Center
21311 Telegraph Rd.
Brownstown, MI 48183

www.brownstown-mi.org

Phone: 734-675-0920
Fax: 734-675-2692

THANK YOU

Thank you for supporting our Center with your many donations. When you drop off a donation, please sign your name and what you donated on the sheet on the Senior Coordinator's office window.

Dennis Kirksey— Coffee
Claudia Scott –Spaghetti
June Lesniak & Bill Jenner—Basket Items
Leona Abbott & Dick May—Basket items
Alma Foley—Plastic Bags and Containers
Bea & George Price—Plastic Bags and Utensils
Mary Bennett—Basket Items
Lucille Wardell—Spaghetti
Pearl Kamer—Coffee Cake
Irene Czajkewski—Basket Items
Rita Carey— Baskets and Candles
Earl Jones—Coffee & Snack bags for basket

*The Brownstown Senior Center is funded through the Charter Township of Brownstown,
The Older Americans Act, The Older Michigianians Act, and The Senior Alliance.*

SENIOR RESOURCES

The Senior Alliance
www.aaa1c.org

1-800-815-1112
info@tsalink.org

Information & Assistance for:

- Caregiver support
- Prescription Assistance Programs
- Legal Assistance
- Senior Housing
- Adult Day Services
- Home Delivered & Congregate Meals
- Homemaking & Personal Care
- Respite Care
- Long Term Care Options
- Medicare/Medicaid Assistance Program
- Senior Refugee Support Program

Legal Assistance

LADA 1-877-964-5310
WCNLS Elder Law Center (313) 937-8291

Senior Employment

AARP Senior Employment (734) 281-2470

Family Independence Agency (734)281-8204

Taylor office—22050 Pennsylvania

- Medicaid
- Food Stamps
- Emergency Assistance

Wayne County Nutrition Program

Home Delivered Meals / Liquid Nutrition

1-800-851-1454

Do Not Call List

1-888-382-1222

Wayne County Prescription

Discount Card

1-866-896-3450

Medicare

1-800-633-4227

Focus Hope

(734) 246-6053

- ◆ Monthly food distribution

Adult Protective Services 1-877-963-6006

- ◆ To report abuse, neglect, or exploitation of individuals age 18 or older

We're on the web!

www.metrodetroitseiors.com

Click on "senior events"

then click on Brownstown

The Senior Alliance
www.aaa1c.org

Michigan Office of
Services to the Aging
www.miseniors.net