



# BROWNSTOWN SENIOR NEWS

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**Township Board**

- Supervisor*  
Arthur F. Wright
- Clerk*  
Sherry A. Berez-Burton
- Treasurer*  
Diane L. Philpot
- Trustees*  
John J. Cronin  
Suzanne M. Harris  
Albert G. Mann  
Edwin C. Neal II

**Senior Coordinator**

Maxine Schofield

**Senior Advisory Board**

- Helen Fryer
- Karen Gardner
- Margaret Gendron
- Webb Gray Jr.
- JoAnn Jeffery
- Earl Jones
- Grace Militello
- Dottie Rogal
- Donna Sexton
- Helen Slubowski
- Ethel Varga
- Dolores Zavalney
- Sarah Ziegler

## NOVEMBER NEWS

The beautiful leaves have covered all of Michigan!

The public is welcome to join the Funlovers group for a free Holiday Jam Fest on November 24th at 2pm here at the Community Center. Christmas tree decorating and potluck will follow the entertainment.

Stay fit during the holidays by joining the Arthritis Foundation Exercise Class. The exercises are non-impact, and chairs are provided for those who need them. The next 8-week session begins January 12th. Space is limited, so sign-up early!

Planning for winter trips has begun. To ensure that you get a spot on our most popular trips, make sure to sign up early: spaces fill quickly!

We are in need of volunteers for the Meals on Wheels program. Please contact Karen Wright at (734) 675-0920 for more information.



SENIOR CHOIR REPORT  
HELEN ST. LOUIS

### Greetings from the Funlovers!

Scheduled Performances

- Oakwood Commons–November 10th–1pm**
- Oakwood Commons– November 17th–1pm**
- Funlovers Holiday Jam Fest at the Community Center**
- 2pm Open to the Public– November 24th**



## MEETINGS

### BROWNSTOWN SENIOR ADVISORY BOARD

Thursday, November 6, 2008 at 11:00 am

### BROWNSTOWN SENIOR TRAVEL CLUB

Monday, November 10, 2008 at 11:00 am

### BROWNSTOWN PLEASURE SEEKERS

#### Business Meeting (Birthdays) & Bingo

Thursday, November 6, 2008

1:00 -3:00 pm—Halls A & B

#### Potluck Meeting & Bingo

November 20, 2008

1:00 -3:00 pm—Halls A & B

### POTLUCK DINNER & GAME NIGHT

November 24, 2008

5:00pm

### BROWNSTOWN PLEASURE SEEKER OFFICERS

*President* Karen Gardner

*Vice President* Ethel Varga

*Treasurer* Helen St. Louis

*Secretary* JoAnn Jeffery

*Social Secretary* Irene DaDeppo

*Co-Social Secretary* Berta Mae Dezomits

Brownstown Pleasure Seekers meet the 1st and 3rd Thursday of the month from 1pm to 3pm. Membership is \$10 per year, plus a one-time \$2 charge for a name tag. The Pleasure Seekers sponsor four senior dinner dances per year as well as other social events for members. It's a great club to join if you want to make new friends and have a great time. Membership is open to Downriver senior citizens age 55 and over. If interested in joining this senior club, see Treasurer Helen St. Louis at one of the meetings for a membership form.

## PROGRAMS & EVENTS

### FUNLOVERS BAND

Director — Helen St. Louis

### EUCHRE

Tuesdays at 12:30 pm

Director — Sara Raupp

### EXERCISE

Tuesdays, Wednesdays, & Fridays at 10:00 am

25¢ donation for each class

Prime Time Senior Fitness Video

### QUILTING

Wednesdays at 9 am

Teacher — Pat Shanaver

### BOWLING

Fridays at 1:00pm

At Flat Rock Lanes

### BLOOD PRESSURE CHECKS

First Thursday of the month from 12 to 1pm.

Provided by Henry Ford Wyandotte Hospital nurses

### BINGO BREAKFAST

Monday, November 17, 2008 — 9:00 am

Pancakes, sausage, fruit, juice, coffee, and bingo. \$2.50 donation if not playing bingo. Please register in advance at the Recreation Desk.

### POTLUCK & GAME NIGHT

Monday, November 24, 2008 — 5:00 pm

Bring a dish to pass and a 50¢ donation. The Center provides a meat dish and beverages. \$3 donation if you do not bring a dish to pass. Please sign up in advance at the Recreation Desk.

### SHOPPING

For all shopping trips, you must reserve a seat on the bus **at least 24 hours in advance** by calling (734) 675-0920, or in person at the Center. Cost = \$1

- Meijer 11/4, 11/18, 12/2 —11:00 am
- Kroger 11/12, 11/26 — 11:00 am
- Wal-Mart & Dollar Store (Local) 11/13 — 10:00 am

## *Brownstown Feisty Red Hatters*

If you enjoy having a good time with your friends....then the Brownstown Red Hat Club is for you! There is no cost to join the Brownstown Chapter. *Members and guests must dress in full regalia (red hat and purple outfit for women over 50, or pink hat and lavender outfit for women under 50) when coming to Red Hat events and meetings.*

### **UPCOMING RED HAT EVENTS:**

#### **NEXT EVENT: VISIT TO CHILDRENS OUTREACH CENTER**

**MONDAY, NOVEMBER 17TH**

**DEPART FROM CENTER AT 5:15PM**



#### **NEXT EVENT: THANKSGIVING LUNCH –12PM TO SET UP**

**TUESDAY, NOVEMBER 19TH**

**YOU MUST BRING A DISH TO PASS**

**SEE MAXINE TO REGISTER**

#### **NEXT EVENT: BAVARIAN INN - “A TRIBUTE TO DEAN MARTIN”**

**WEDNESDAY, DECEMBER 3RD**

**\$40 PER PERSON**

**REGISTER AT THE FRONT DESK**

**SIGN UP FOR THESE EVENTS AT THE FRONT DESK – (734) 675-0920.**

## **HEARING CHECK-UPS**

**Brownstown Community Center  
Wednesday, December 10, 2008  
Appointments begin at 10 am**



Call the Brownstown Community Center at (734) 675-0920 for your appointment time. Mr. Wizgird, BC-HIS, will be at the Center every other month to provide our seniors with hearing check-ups they need in the convenience of the Community Center location.

There is no charge to you. Mr. Wizgird can do hearing evaluations and hearing aid cleanings. If you are having trouble with your ears or just need maintenance on your current equipment, give us a call to make an appointment with Mr. Wizgird.

## FALL FEAST DINNER DANCE

Brownstown Community Center  
 Thursday, November 13, 2008

Doors Open: 4:00 pm  
 Dinner: 5:00 pm  
 Dancing: 6:00 – 8:30 pm  
 Tickets: \$10

Entertainment by Micheal Zelenak  
 Catering by Par-Fection



Brownstown Recreation is hosting a senior Dinner Dance on November 13th. This is the annual Fall Feast Dinner Dance. Enjoy an evening out with great food, great entertainment, and great friends. Catering will be by Par-Fection. Live band entertainment will be provided by Mike Zelenak. Beverages, including beer and wine, will be served. Evening activities also include a 50/50 raffle and door prize giveaway. Tickets are only available until November 7th, so purchase your tickets before they're gone!

## Arthritis Foundation Exercise Program

Maintain fitness forever! Enjoy a slower pace that focuses on specific exercises for arthritis, range of motion, flexibility, endurance, strength, balance, and relaxation. Adapt exercise variations to your own individual level of fitness while listening to music from the past!

**Advanced Level Class** is a 60-minute workout and includes non impact floor exercise and deep breathing/relaxation exercises. Wear comfortable clothes. Bring bottled water and a floor mat to class. Light dumbbells are optional for the class.

Class	Days	Start Date	Cost	Time	Instructor
Advanced	Mon. and Thurs.	Jan. 12th	\$20R/25NR	9-10:00am	Maxine

\* NO DROP - INS PLEASE! YOU MUST REGISTER IN ADVANCE AT THE BROWNSTOWN COMMUNITY CENTER—(734) 675-0920.



# 2008 SPRING/ SUMMER ENRICHMENT CLASS SCHEDULE



## COMPUTER CLASSES

### Computers: Back to the Basics

Are you new to using personal computers? Familiarize yourself with the basic functions and uses of the personal computer in a relaxed, non-threatening environment. Learn the very basics about the hardware. Explore the software that is most commonly found on basic IBM-compatible computers. Use the Windows operating system, and see how word processing and spreadsheet software can be applied to fit your individual needs. Discuss how your information is stored, data security, and computer viruses; and learn how to determine which computer would best fit your needs when purchasing. (3-week session)

### Word 1: An Introduction to Word-processing

Learn the basic features of Microsoft Word in the easy to use Windows environment. This hands-on class will cover such topics as creating documents, editing text, formatting documents using special font effects and paragraph alignment, creating bulleted and numbered lists, applying borders and shading, and inserting document headers and footers. Prerequisite: Basic computers or equivalent knowledge.

(3 week session)

### Internet Basics

Find out how easy it is to: send electronic mail to your children, grandchildren, friends and relatives; check on your investments; make travel arrangements; shop; and maybe even instantly locate people you lost touch with years ago. Come explore the World Wide Web as you learn basic skills to "surf the Internet" on your own. See what all the talk is about! Some computer experience and familiarity is required.\* (3 week session)

Class	Days	Start Date	Cost	Time	Instructor
Back to Basics	Tues. & Thurs.	TBA	\$40PP	1-3:00 pm	Kevin
Back to Basics	Tues. & Thurs.	TBA	\$40PP	4-6:00 pm	Kevin
Word 1	Mon. & Wed.	Nov. 3rd	\$40PP	1-3:15 pm	Kevin
Intermediate	Mon. & Wed.	Nov. 3rd	\$40PP	3:30-5:45 pm	Kevin

- NO DROP IN'S PLEASE! YOU MUST REGISTER IN ADVANCE AT THE BROWNSTOWN COMMUNITY CENTER—(734) 675-0920.**



# Christmas Tree Decorating

Mon., November 24, 2008  
4:00 pm

Join us in decorating the  
Christmas Tree  
before Potluck



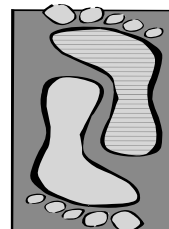
## FOOT DOCTOR

Brownstown Community Center  
Friday, November 14, 2008  
Appointments begin at 9:15am

Call Brownstown Recreation at  
(734) 675-0920 for your appointment time.

Dr. Wilbur, P.C. will be at the Center every other month to provide our seniors with the foot care they need in the convenience of the Community Center location.

There is no charge to you. Your Medicare and/or insurance will be billed. Dr. Wilbur can provide treatment of corns, calluses, arthritis, fungus, ingrown nails, diabetic feet, chronic wounds, infections, and more. Dr. Wilbur also does in-home foot care for seniors.



## SENIOR CHORE PROGRAM

The purpose of the Senior Chore Program is to assist low to moderate-income senior citizens with chores around the house and minor, routine home maintenance projects, in order to help seniors maintain their independence and continue to live in their own home. Funding for 2008 projects will not be available until after July 1, 2008.

### Eligibility:

- Must be age 62 or above
- Must be a Brownstown resident who has owned and lived in your home at least 12 months.
- Must have an income at or below \$24,450 for 1 person, or \$27,450 for 2 people in the household.

Services available include grass trimming, weed trimming, snow removal, gutter clearing, and other home maintenance projects. The following documentation is needed in order to apply for the program.

- Proof of residency: Valid drivers license or State ID showing current address.
- Proof of homeownership: Copy of deed or most recent tax bill.
- Proof of income tax or tax credit statement; if no taxes filed, then income or W-2s as applies to you.

Please contact the Brownstown Recreation Department at (734) 675-0920 for more information or to obtain an application.



## DOWNRIVER COMMUNITY CONFERENCE ENERGY ASSISTANCE PROGRAM

The Downriver Community Conference is pleased to announce receiving a grant to assist qualified households on their heat bill. They will begin taking applications Thursday, January 3, 2008. All clients have to be income eligible. The clients will receive **up to \$500**, based on the amount owed on their utility bill.

Two of the following pieces of information is needed to apply: Proof of household income for the last 12 months, current utility bills, picture identification, social security number and birth dates of each person in the home. For more information or to apply, please call the Downriver Community Conference Weatherization at (734) 362-3473 or 3475.

**Downriver Community Conference  
Weatherization  
15100 Northline**





## FOOD REPORT BY HELEN FRYER

Hey ,Seniors, what's cookin? This to me is a wonderful time of year. Fall has begun and the colors of the leaves are turning all colors red, yellow, and brown.

October 2nd— The Senior Advisory Board met with questions and discussions. We had cookies, just coffee. Pleasure Seekers Meeting was also held, and after each officer gave a report we had the 50/50 drawing and celebrated birthdays with ice cream and desserts followed by Bingo.

October 6th — The Senior Travel Club met Maxine discussed the trips. We had coffee and cookies. Also the Red Hatters met to discuss upcoming events .

October 14th—The Pleasure Seekers had a luncheon at Fire Mountain in Taylor and the food was very good.

October 20th - We had Bingo Breakfast The Brownstown Firemen came to help us. We had pancakes, sausage, fruit, and juice to eat. Afterwards, we played bingo.

October 23rd We had Potluck and Game night. The main dish was chicken and dumplings. Various dishes were brought in to pass, and then we played bingo.

October 30th -We had the annual Halloween. We had chicken, roast beef, sausage and kraut, salad green beans, mashed potatoes, jello, a pasta dish, and a variety of desserts. The Catering was by Veronica's and the entertainment was by The International's.

I saw this statement so I thought I would pass it on. A world of encouragement can the difference between giving up and going on.

Till next time—Bon Appetit!

Helen

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## Travel Club Breakfast and Travel Show

On December 8, 2008, all Travel Club Members are invited to come and enjoy a free breakfast. Breakfast is open to Travel Club members only ,and you must RSVP by November 26th. RSVP at the Front Desk. After breakfast, we will be having a travel show. You **MUST** be a current (2008) Travel Club member to attend the breakfast.

Travel Club Breakfast & Travel Show

December 8 2008

9am -11am

Sign -up by November 26th at the Front Desk.

## SENIOR NEWS & TIDBITS

# FDA Tells Bayer to Stop Illegal Marketing of Aspirin Brands for Pain, Heart, Osteoporosis

SeniorNews.com

### Action involves Bayer Aspirin with Heart Advantage and Bayer Women's Low Dose Aspirin + Calcium

Oct. 29, 2008 - The Food and Drug Administration yesterday sent Warning Letters to Bayer HealthCare concerning two unlawful, over-the-counter (OTC) aspirin products - Bayer Women's Low Dose Aspirin + Calcium (Bayer Women's) and Bayer Aspirin with Heart Advantage (Bayer Heart Advantage). Both are potentially popular with senior citizens because the marketing claims they are for use as pain relievers, reducing the risks of heart disease and, Bayer Women's, for "fighting" osteoporosis.

The products, which contain aspirin with either phytosterols or calcium, are unapproved new drugs that require an approved new drug application in order to be legally marketed. In addition to being labeled.

Neither product has been approved by the FDA for such uses. These drug uses require a health care professional's diagnosis and supervision, and therefore these products cannot be labeled for use by consumers and sold over-the-counter (OTC).

"The FDA considers these products new drugs and thus they must undergo the FDA's drug approval process," said Mike Chappell, the FDA's acting associate commissioner for

regulatory affairs. "The FDA will take enforcement action against manufacturers found to be violating the law or attempting to circumvent the drug approval process."

The products are labeled as being a combination of a drug and a dietary supplement, but when a drug and a dietary supplement are combined in a single tablet, the product is regulated by FDA as a drug.

- Bayer Heart Advantage combines aspirin and phytosterols in a single tablet.
- Bayer Women's combines aspirin and calcium carbonate in a single tablet.

According to the labeling, the phytosterols in Bayer Heart Advantage are intended to lower blood cholesterol and the calcium in Bayer Women's is intended to strengthen bones to fight osteoporosis.

Although certain calcium-containing dietary supplements may bear claims to reduce the risk of osteoporosis, products that are labeled to "fight" or otherwise treat osteoporosis are drugs that require FDA approval.

Similarly, although certain phytosterol-containing dietary supplements may bear claims to reduce the risk of coronary heart disease, and may note that the mechanism by which phytosterols achieve this effect is through lowering blood cholesterol, direct

claims to lower cholesterol are claims to prevent or treat coronary heart disease and hypercholesterolemia, which is also a disease. Products bearing such claims require an approved new drug application from FDA in order to be legally marketed, and cannot be legally marketed for OTC use.

Under its OTC drug monograph system, FDA allows some drugs to be marketed without first obtaining agency approval. These drugs must comply with applicable monographs, that is, regulations that set requirements for the drugs' labeling and formulation, as well as the indications (uses) for which the drugs can be marketed.

OTC drugs that do not meet these requirements and that lack FDA approval are considered illegal, unapproved drugs. Bayer Heart Advantage and Bayer Women's do not meet the conditions in any applicable OTC monograph, and do not have FDA approval. Therefore, Bayer Heart Advantage and Bayer Women's are unapproved new drugs.

In addition, Bayer Heart Advantage and Bayer Women's are misbranded because their labeling lacks adequate directions for use by consumers.

In order for a drug to have adequate directions for use, the directions must be written so that consumers can use the product safely for its intended purpose, without the supervision of a health care professional. The use of these products for treatment of heart disease and osteoporosis requires diagnosis and supervision by a health care professional to ensure safe use.

Therefore, it is not possible, in OTC drug product labeling, for these products to have adequate directions for their intended uses.

The products also are misbranded because

their labeling do not have adequate warnings and are misleading. Among other things, the labeling for the aspirin in the products includes directions and warnings regarding short term use, but these directions and warnings are contradicted by other directions for the phytosterols and calcium that promote the products' daily use without any time limits.

The result is a mixed message about the products' purposes and the length of time for which the products can be safely used. "The marketing of these unapproved drugs is troubling," said Janet Woodcock, M.D., director of the FDA's Center for Drug Evaluation and Research.

"Because OTC drugs are widely used by consumers, without supervision by a doctor or other health care professional, the overuse or misuse of these aspirin-containing products can put consumers at risk for internal bleeding and other adverse events. It is essential that companies obtain FDA approval and fully comply with FDA regulations."

Although the FDA is not aware of significant adverse events associated with these products, the agency is concerned because neither product has been approved by FDA for its marketed uses. These actions reaffirm the position taken by FDA in two previously issued Warning Letters - one sent to B.F. Ascher & Co., Inc., Lenexa, KS, regarding Melagesic PM, and the other to Omni Nutraceuticals, Inc., Los Angeles, CA regarding Inholtra Joint Pain products.

In those letters, the FDA stated that drug ingredients combined with dietary ingredients in a single dosage form require agency approval to be legally marketed in the United States. Companies that do not resolve violations in FDA Warning Letters risk enforcement action, such as injunctions and/or seizure of illegal products.

# TRAVEL

New trips are announced and offered at the monthly Travel Club Meeting which is held the second Monday of each month. Brownstown residents can join the Travel Club for discounts on travel. Membership is \$10 per year. The next Travel Club meeting will be Monday, November 10, 2008 at 11:00am. Join us to learn about our new trips. Any senior may travel with us, you do not have to be a member.

## SOARING EAGLE

November 2, 2008

\$34

Trip Includes:

- Round trip transp. via motor coach
- Gambling at Soaring Eagle Casino
- Casino package
- Shipshewana on the Road

## NUTCRACKER BALLET

DETROIT OPERA HOUSE

December 5, 2008

\$55

Trip Includes:

- Round trip transp. via the senior bus
- Lunch at the Union Street Restaurant
- *The Nutcracker Ballet* at the Detroit Opera House

## THE RAT PACK IS BACK- GEM THEATER

November 20, 2008

\$60

Trip Includes:

- Round trip transp. via the senior bus
- *The Rat Pack is Back* at the Gem Theater
- Lunch at the Century Grille

## WHITE CHRISTMAS

December 10, 2008

\$70

Trip Includes:

- Round trip transp. via the senior bus
- Lunch at Karl's Cabin
- *White Christmas* at the Fox Theater (main floor seating).

## DETROIT SYMPHONY ORCHESTRA

November 13, 2008

\$50

Trip Includes:

- Round trip transp. via the senior bus
- Lite breakfast before the show
- Admission to *Classic Broadway* at the Detroit Symphony Orchestra
- Lunch at Karl's Cabin

## POLO FIELDS GOLF & COUNTRY CLUB

December 17, 2008

\$25

Trip Includes:

- Round trip transp. via the senior bus
- Buffet lunch and non-alcoholic Beverages at the Country Club
- NO CASUAL DRESS (Jeans, T-shirts, or Gym Shoes).

## A TRIBUTE TO DEAN MARTIN AT THE BAVARIAN INN

December 3, 2008

\$40

Trip Includes:

- Round trip transp. via the senior bus
- Time to shop in the gift shops
- A chicken dinner with all the Trimmings
- *A Tribute to Dean Martin* (Red Hat Holiday Show)

**A CORNWELL CHRISTMAS VISIONS**

December 2, 2008

\$35

Trip Includes:

- Round trip transp. via the senior bus
- Time to shop in the gift shops
- Turkey dinner with all the trimmings
- *A Cornwell Christmas Visions*

**DETROIT SYMPHONY ORCHESTRA**

December 18, 2008

\$55

Trip Includes:

- Round trip transp. via the senior bus
- Lite breakfast before the show
- Admission to *Home for the Holiday's* at the Detroit Symphony Orchestra
- Lunch at Century Grille

# November 2008

MON	TUE	WED	THU	FRI	S	S
3	4 10am Exercise 11am Meijer 12:30pm Euchre	5 9am Quilters 10am Exercise	6 11am Sr. Advisory Board Meeting 12-1pm BP Checks 1-3pm Pleasure Seekers Meeting	7 10am Exercise 1pm Bowling	8	9
10 11am Travel Club 1pm Funlovers Oakwood Commons	11 <b>BUILDING CLOSED</b>	12 9am Quilters 10am Exercise 11am Kroger	13 <u>9am DSO Trip</u> 10am Wal-Mart (Local) 9:30am Dance Set-up 4pm-8:30pm Fall Feast Dinner Dance	14 9:15am Foot Doctor <u>10:45am Legends and Lollipops</u> 10am Exercise 1pm Bowling	15	16
17 9am Bingo Breakfast 1 pm Funlovers Oakwood Commons	18 10am Exercise <u>10:30am Afternoon at the Movies</u> 11am Meijer 12:30pm Euchre	19 9am Quilters 10am Exercise 1pm Red Hat Thanksgiving Dinner	20 <u>11:30am Gem Theater</u> 1-3pm Pleasure Seekers Meeting Potluck Meeting	21 10am Exercise 1pm Bowling <u>3:30pm Gennetti's</u>	22	23
24 2pm Funlovers Holiday Jam Fest Open to the Public 5pm Potluck & Game Night (Decorate the Christmas Tree)	25 10am Exercise 12:30pm Euchre	26 9am Quilters 10am Exercise 11am Kroger	27 <b>BUILDING CLOSED</b>	28 <b>BUILDING CLOSED</b>	29	30
Dec. 1	2 <u>9am Turkeyville</u> 10am Exercise 12:30pm Euchre 11am Meijer	3 <u>10am Red Hat Trip</u> 9am Quilters 10am Exercise	4 11am Sr. Advisory Board Meeting 12-1pm BP Checks 1-3pm Pleasure Seekers Meeting	5 <u>10am Nutcracker Ballet</u> 10am Exercise 1pm Bowling	6	7





Charter Twp. of Brownstown  
Community Center  
21311 Telegraph Rd.  
Brownstown, MI 48183

[www.brownstown-mi.org](http://www.brownstown-mi.org)

Phone: 734-675-0920  
Fax: 734-675-2692

## THANK YOU

Thank you for supporting our Center with your many donations. When you drop off a donation, please sign your name and what you donated on the sheet on the Senior Coordinator's office window.

Alma Foley—Plastic Containers  
Richard May and Leona Abott- Coffee and Basket Containers  
Leona Abott- Basket  
Jack Dennis—Coffee  
Earl Jones—Coffee  
June Lesniak and Bill Jenner—Fleece Blanket  
Jack Dennis- Cup Cakes  
Pearl Kamin—Cup Cakes

*The Brownstown Senior Center is funded through the Charter Township of Brownstown,  
The Older Americans Act, The Older Michiganians Act, and The Senior Alliance.*

## SENIOR RESOURCES

**The Senior Alliance**  
[www.aaa1c.org](http://www.aaa1c.org)

**1-800-815-1112**  
[info@tsalink.org](mailto:info@tsalink.org)

Information & Assistance for:

- Caregiver support
- Prescription Assistance Programs
- Legal Assistance
- Senior Housing
- Adult Day Services
- Home Delivered & Congregate Meals
- Homemaking & Personal Care
- Respite Care
- Long Term Care Options
- Medicare/Medicaid Assistance Program
- Senior Refugee Support Program

### Legal Assistance

LADA 1-877-964-5310  
WCNLS Elder Law Center (313) 937-8291

### Senior Employment

AARP Senior Employment (734) 281-2470

**Family Independence Agency (734)281-8204**  
Taylor office — 22050 Pennsylvania

- Medicaid
- Food Stamps
- Emergency Assistance

### Wayne County Nutrition Program

**Home Delivered Meals / Liquid Nutrition**

**1-800-851-1454**

**Do Not Call List 1-888-382-1222**

**Wayne County Prescription**

**Discount Card 1-866-896-3450**

**Medicare 1-800-633-4227**

**Focus Hope (734) 246-6053**

- ◆ Monthly food distribution

**Adult Protective Services 1-877-963-6006**

- ◆ To report abuse, neglect, or exploitation of individuals age 18 or older

We're on the web!

[www.metrodetroitseiors.com](http://www.metrodetroitseiors.com)

Click on "senior events"  
then click on Brownstown

The Senior Alliance  
[www.aaa1c.org](http://www.aaa1c.org)

Michigan Office of  
Services to the Aging  
[www.miseniors.net](http://www.miseniors.net)