



Winter Programs 2012

2011 Program Sponsors

The Brownstown Recreation Department relies heavily upon program sponsorships from local businesses to keep many of our programs running and to keep program participation costs low. Those businesses and individuals listed below have participated as sponsors during 2011. Be sure to visit them and let them know you appreciate their support.

Heritage Collision
Tela-Valley
Brasscraft Manufacturing
Temperature Control
US Silica
Olympic Coney Island
Lakeshore Utility Trailer
Smiles For Life
Southland Motor Lodge
Iqbal Nasir, MD
Concord Co-op
Abed Orthodontics
King Kurb Asphalt
UAW Local 387
Kurtzhals' Farms
Sportway of Brownstown
VFW 9363
Jet's Pizza
Meadowbank Schools
Fritz Enterprises
Parts Depot
Drinks Saloon
Country Printing
Foley & Robinette
Zdzislaw Wypych

Brownstown Lions Club
Lincoln Park Die & Tool
Bentley Environmental
Community Focus C.U.
Cee Vee of Michigan
Cali Nails
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DTE Energy
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Brownstown Historical Society
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Advantage One Credit Union
Southshore Oral Surgery
VFW Post 4230
Brownstown Police Officers
John Molnar Funeral Home
Brownstown Pleasure Seekers
Jimmy's Auto Body Repair
Karnak Creative Child Care
Brownstown Firefighters
Brownstown Police Command
Treasurer Barbara Warren
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Wade/Trim
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John's Dear Tree Service
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Blaine's Tree Experts
SE Internal Medicine
Living Word Worship Center
Systrand Manufacturing
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Supervisor Andy Linko
Nail Garden
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Advance America
Dzigns by Sharon
Bluewater Environmental
Big 4 Auto Parts
Waddles Tire Service
Frist Community Credit Union
Jersey Giant Subs
Eye Clinics of Michigan
Georges Used Cars

**Thank
You!**

Township Officials:

Andrew Linko, Supervisor
Sherry A. Berecz, Clerk
Barbara Warren, Treasurer
John J. Cronin, Trustee
Michael D. Eberth, Trustee
James J. Taft, Trustee
Clyde P. Walters, Trustee

Recreation Commission

James Bryan, Chairman
Helen St. Louis, Vice Chairman
Linda McCoy, Secretary
Alicia Oaks, Commissioner
Michael Grady, Commissioner
Greg Barbee, Commissioner
Arthur Wright, Commissioner

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SENIOR CHORE PROGRAM



Funded through CDBG Grants, the Senior Chore Program assists low to moderate income seniors with minor routine home maintenance projects to help seniors continue to live in their own homes. Eligibility:

Must be over age 62, a resident who owns and lives in your home, and have an income at or below \$24,450 for 1 person or \$27,450 for 2 people in the household.

Services available include grass trimming, weed trimming, snow removal, gutter cleaning, and other routine home maintenance projects.

Please contact the Brownstown Recreation Department at (734) 675-0920 for more information or to obtain an application. The following documentation is needed in order to apply for the program:

Proof of Residency, Proof of Homeownership, & Proof of Income

ONLINE PROGRAM REGISTRATION NOW AVAILABLE!

Brownstown Recreation is pleased to announce the addition of online registration for all recreation programs. Participants are able to register and pay for programs and classes, check hall rental availability, and submit payment online from the comfort of your own home. Just log on to :

www.brownstownrec.org

It is the hope of the Recreation Department that this service will allow participants to register for programs with out the inconvenience of coming to the Community Center during business hours. Participants are always welcome to continue to register in person for classes at the Community Center.



COMMUNITY CENTER NOW BOOKING 2013 DATES



The Brownstown Community Center, located at 21311 Telegraph Road is now booking rentals through 2013. The halls can accommodate up to 325 people and a full kitchen is available.

Rental rates range from \$75.00 for groups of 50 or less on a weeknight to \$525.00 for groups of up to 325 on a weekend. Kitchen facilities are available for a \$50.00 charge. A security deposit of \$100.00 for the kitchen and the halls is required to reserve a date. To check date availability please call the Recreation Dept. at 675-0920

Youth Programs

YOUTH T-BALL/SOFTBALL REGISTRATION

Registration for boys and girls ages 5 to 14 years interested in playing t-ball or softball this summer. Practices begin in May with games played during June and July. Players ages as of December 1, 2012 determines players age for the season. All participants receive a t-shirt and cap. The following programs are available:



T-Ball (Boys & Girls)	Ages 5-6
Coach-Pitch(Boys & Girls)	Ages 7-8
Junior Boys Softball	Ages 9-12
Junior Girls Softball	Ages 9-11
Intermediate Girls Softball	Ages 12-14
Girls Fast Pitch	Ages TBA



Cost: T-Ball/Coach-Pitch - \$30.00 Softball - \$40.00

Registration: Monday March 5th, 6-7:30 PM at Hunter School & the Community Center
Tuesday, March 6th, 6-7:30 PM at the Community Center

Late Registrations accepted at the Recreation Office on a space available basis until May 4th.

All new players must present a birth certificate to register!

Scholarships are available for those unable to pay registration fees.
Volunteer Coaches needed - call 675-0920 or sign up at registration.

KARATE

Come and learn both Korean and Japanese Karate. This comprehensive Martial Arts Program features classes for ages 4 to adult, including weapons work at higher levels with top quality instructors at all levels.

Instructor: Bill Barker, Progressive Tactics Martial Arts

Location: Community Center

Schedule:

Little Dragons - The Little Dragons program teaches the younger age group the skills needed for martial arts training at a later age. The program includes proper stretch, exercise and games to promote balance, focus, team work and discipline. Basic martial arts skills are then incorporated. Students have their own belt system based on class attendance and performance. Additionally life skill teaching occurs in all classes.

Boys & Girls Ages 4-6 Mondays 6:00-6:45 PM \$40/mo

Basic Karate - This program is a traditional martial arts program teaching self defense through balance, focus, team work and discipline. Certified instructors teach and evaluate students using the traditional testing and belt system.

Ages 7-12 Mon & Weds 6:00-7:00 PM \$55.00/mo

Ages 13-Adult Mon & Weds 7:00-9:00 PM \$55.00/mo

Modern Arnis - This program features a Filipino style of martial arts known for its knife, stick and sword work. Open to instructor approved advanced students.

Approved Adults Weds 8:00-9:00 PM \$40.00/month

POM PON PROGRAM

Want to be a cheerleader? This class will teach you all you need with cheers, chants, and dance routine with music and pom pons! Registration includes free POM PONS for all participants!

Instructor: Diane Donahoo

Location: Wegienka School

Schedule: Wednesdays starting January 18
6:15-6:45pm Ages 5-10
6 weeks

Cost: \$31.00 Resident
\$36.00 Non-resident



DADDY/DAUGHTER DATE NIGHT

A great opportunity for fathers and daughters to spend a fun evening out together. Featuring dancing, punch and cookies and a beautiful corsage for the daughters. Open to children ages three & up accompanied by an adult.

Location: Community Center, 21311 Telegraph Road

Schedule: Friday, February 10, 2012
Session I - 6:00 to 7:15 PM
Session II - 7:45 to 9:00 PM

Cost: \$15.00 per Couple/Additional Daughters \$3.00



SPACE IS LIMITED SO REGISTER EARLY!

Youth Programs

AQUATICS PROGRAM!

In cooperation with the Gibraltar School District, Brownstown Recreation is proud to announce the Winter/Spring 2012 Aquatics Program featuring Swim Lessons and the Downriver Swim Club Swim Team.

Group Swim Lessons

\$56/session — space is limited in these classes. All swimmers need to be potty-trained and ready to participate in the program. No water wings, lifejackets, or other water toys permitted. Parents are not allowed in the pool or on deck with the children but may watch from the stands.

All Lessons are Tuesdays & Thursdays

Group A Beginners - Ages 3-7yrs 6:15-7:00 PM or 7:15-8:00 PM- Swimmers who are hesitant about entering the water. Class focus: Comfort in sitting in pool on submerged bench - Entry into water - Floating on back - Kicking - Forward movement in pool - Recovery from jump into pool

Group B Intermediates - Ages 4-8yrs 6:15pm-7:00 PM or 7:15-8:00 PM- Swimmers who are comfortable in the pool and ready to start learning basic freestyle and backstroke: forward movement - arm and leg movement for freestyle - arm and leg movement for backstroke - streamline position recovery from diving board - treading water

Group C Advanced - Ages 5-9yrs 6:15-7:00 PM or 7:15-8:00 PM- Swimmers are competent in freestyle and backstroke and are ready for more stroke refinement and additional strokes: improvement on stroke technique building on endurance 1-2 laps - introducing breast stroke/butterfly - beginning flip turns



**Session I - February 7-March 8
(NO CLASS FEB 14 OR FEB 21)**

Session II - March 13-April 5

Session III—April 17-May 10

Cost \$56.00/Session

REGISTRATION INFORMATION

Registration: Brownstown Recreation Dept, 21211 Telegraph or Online at www.brownstownrec.org

Location: Carlson High School, 20550 W. Jefferson

Aquatic Supervisor: Kayleigh Morgan

**Online Registration now
available for all programs at
www.brownstownrec.org**



Youth Programs

ANNUAL EASTER EGG HUNT

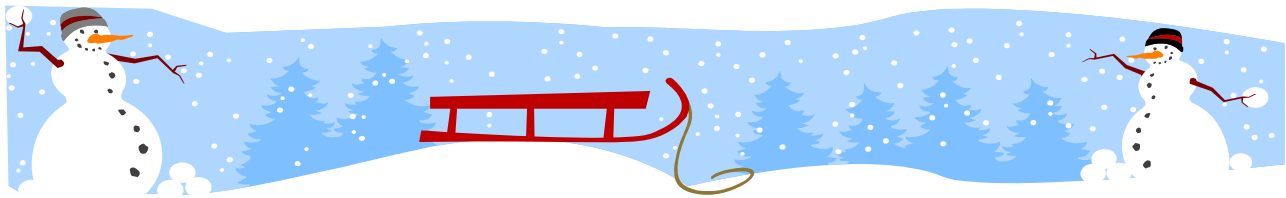
Children and adults alike will enjoy this old fashioned Easter Egg Hunt in Thorn Park. Come and collect eggs and maybe you will find one of the lucky prize eggs! Separate area for children ages 3 & Under, 4 to 6 years, 7 to 9 years and Ages 10 & Over. The Big Bunny will also be on hand to greet children and help pass out candy.

Location: Thorn Park, 21311 Telegraph Road

Cost: FREE - All children must be accompanied by an adult

Schedule: Saturday, March 31, 2012

NOTE: Easter Egg Hunt starts at 10:00 AM Sharp so don't be late!



FREE PRE-SCHOOL MUSIC/READING PROGRAMS!

The Woodhaven-Brownstown Schools, in cooperation with Brownstown Recreation and Woodhaven Recreation is offering pre-school music & reading programs this winter. Make music a part of your child's daily life. It improves their ability to move, think, create, reason, and express themselves. Come and see what we can do for you and your child. This musical adventure is designed to promote language, social, gross motor and early literacy skills for preschool children ages 0-5 years. A parent or guardian must attend with the child.

Brownstown Community Center
21311 Telegraph Rd.
Brownstown, MI 48134

Call to register (734) 675-0920

Wednesdays at 10 a.m.

January 25 February 15

March 21 April 25

May 23 June 20



Adult Programs

INSTRUCTORS CHOICE FUSION PILATES

Like some variety? This workout is different each week! Each class meeting will have two 25 minute segments with a different mix of Pilates workouts. Workouts will include mat exercise, stretch bands, cardio, toning bar and free weight workouts. Have more fun getting in shape with a different workout each week! Class is open to both men and women of all fitness levels and participants should bring a mat and free weights(5lbs or under) to first class. Toning bar and stretch bands detailed by instructor at class..

Instructor: Diane Donahoo, Nationally Certified

Location: Wegienka School

Schedule: Wednesdays 7:00 - 8:00 PM

Session 1 - 5 weeks starts January 18

Session 2 - 5 weeks starts February 22

Cost: Per Session \$26.00 / Non-residents add \$5.00 - Registrations received after class starts subject to \$5 late fee



ZUMBA FITNESS



Zumba Fitness has arrived in Brownstown! Zumba Fitness features interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Add some Latin flavor and International zest into the mix and you've got ZUMBA! Brownstown Recreation is now offering Zumba for all ages and fitness levels. The original ZUMBA is a Latin inspired hour long work out aerobic workout that is so much fun you won't even know your exercising.

Instructor: Maria Diaz, ZUMBA Certified

Schedule: Tuesdays

7:30 PM—8:30 PM at Community Center

Session 1 - 5 weeks starts January 17

Session 2 - 5 weeks starts February 21

Cost: Per Session \$26.00

Non-residents add \$5.00

Registrations received after class starts subject to \$5 late fee

EASY FLOW YOGA

Have fun while you learn the gentle postures (asanas) and restorative breathing techniques. For centuries, yoga has been practiced to naturally relax and calm the mind while keeping the body young and vital as we age. Let this class help you to remove all the damaging effects of our stressful lives and improve your overall strength, balance and stamina. All ages and levels welcome. Wear comfortable, stretchable clothing and bring a mat, rug or blanket. Please refrain from eating an hour before class.

Schedule: Tuesdays 6:30-7:30 PM @ Community Center

Thursdays 5:30-6:30 PM @ Community Center

Session 1 - 5 weeks starts January 17

Session 2 - 5 weeks starts February 21

Cost: Per Session \$26.00 One day/week—\$51.00 Two days/week .

Non-residents add \$5.00

Registrations received after class starts subject to \$5 late fee

Instructor: Dr. Tracey Williamson, D.C., D.I.C.C.P.

American Heart Association Certification

Board Certified Diplomate in International Chiropractic Council on Pediatrics



Senior Programs

SENIOR CENTER ACTIVITIES

The Brownstown Senior Community Center offers a wide variety of activities for seniors on a daily basis. The Senior Nutrition Program, Health, Education and Enrichment Programs are conducted at the Center on an ongoing basis. The Center is open Monday through Friday from 8:00 AM to 4:30 PM. Below is a listing of the dates and times of ongoing programs. For more information contact Recreation Director Mark Maxe at (734) 675-0920

Senior Program Schedule

Blood Pressure Clinic - 1st Thurs of every month at Noon

Chair Exercise - Every Thurs at 10 AM

Basic Quilting - Every Weds at 9 AM

Senior Exercise - Every Tues, Weds, and Fri at 10 AM

Senior Bowling - Every Fri at 1 PM @ Flat Rock Lanes

Travel Club - Every 2nd Mon at 11:00 AM

Evening Pot Luck - Every 4th Mon at 5 PM

Meijer - 1st & 3rd Tues @ 11:00 AM

Kroger - 2nd & 4th Weds @ 11:00 AM

Monthly Dinner Dances

Mardi Gras Ball - Jan 26, 2012

Valentines Dance - Feb 23, 2012

St Patrick's Dance - March 15, 2012

Dinner Dance tickets may be purchased at the Recreation Dept.

Scheduled Trips

Frankenmuth - January 26

Kewadin Casino - February 5

Blissfiled Murder Mystery - February 9

Winter in Arizona - February 22

South Pacific Musical - March 4

Firekeepers Casino - March 5

More trips and local day trips are constantly being added. Please contact Assistant Recreation Director Amy Thomas for local trips and if you have ideas for new trips. For more trips and trip information, call (734) 675-0920.

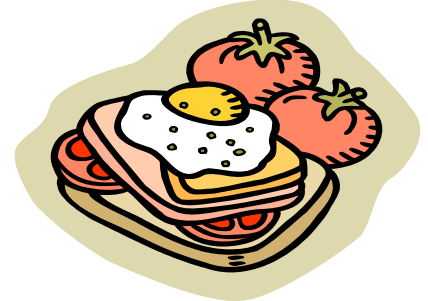
Senior Travel Club

The Brownstown Senior Travel Club meets on the second Monday of the month at 11:00 AM in the Community Center. Seniors can join for \$10.00 and receive discounts on trips. Call Assistant Recreation Director Amy Thomas at 675-0920 for more info.

HOT LUNCHES AVAILABLE

In cooperation with the Wayne County Office of Nutrition Services, Hot Lunches are available to seniors age 60 and over. Lunch is served Monday through Friday at 12:00 Noon in the Brownstown Community Center. Suggested donation is \$2.25 per day. Reservations are due one day in advance, before Noon, and can be made by calling the Recreation Department at (734) 675-0920. Monthly menus are also available for pick-up at the Recreation Offices.

Hot Lunches are also delivered to qualified homebound seniors. Lunches are delivered Monday through Friday with frozen meals for emergency use. Any senior needing delivery should contact Wayne County Office of Nutrition Services at 1-800-851-1455.



TRANSPORTATION

Through the use of a SMART Specialized Services Grant, the Township of Brownstown is pleased to offer transportation for seniors and disabled residents.

For a \$1.00 co-pay, seniors and the disabled may ride the Senior Bus to the Community Center for scheduled activities.

Downriver Cab - available for transportation to Dr. appointments, banking, pharmacy, etc. \$2.00 co-pay each way

Authorization required so interested parties should contact Assistant Recreation Director Amy Thomas at (734) 675-0920.



SR COMPUTER CLASS

Senior computer classes are now available at the Center. Choose from Beginning Laptop or Beginning Desktop with an introduction to Microsoft Word or the internet and Skype. Classes meet twice a week for 3 weeks at a cost of \$40.00. Call (734) 675-0920 for the dates and times of the next session of classes.

SR EXERCISE CLASSES

Senior exercise classes are available at the Community Center Tuesday, Wednesday and Fridays at 10AM. Senior exercise to a tape with a suggested donation of \$0.25. Call (734) 675-0920 for more information.

PLEASURE SEEKERS

The Pleasure Seekers, Brownstown's Senior Club, meets the 1st & 3rd Thursday of every month at 1 PM in the Community Center. The club regularly travels, hosts dinner dances and more. Annual dues are \$10.

VOLUNTEERS NEEDED

Volunteers are needed to help deliver hot lunches to area homebound seniors. Meals are delivered daily at about 11:30 AM and the route takes about an hour to complete. If you are willing to volunteer one or more days per week, please contact Karen Wright at (734) 675-0920 between 10AM and 1PM.

General Information

Registration Information

Registration for all programs may be made in person at the Recreation Department, 21311 Telegraph, Brownstown, by phone with full payment on a credit card, or by completing the form below and submitting with full payment to:

Brownstown Recreation
21311 Telegraph Road
Brownstown, MI 48183

All Program fees include a \$1.00 per participant administration fee. This fee is used to help off set the costs of running the Recreation Department and help the Department remain self sufficient.

Non-Residents are welcome in most programs and will be charged an additional \$5.00 non-resident fee.

Fee Waivers Available

It is the policy of the Brownstown Recreation Commission that no Brownstown resident child will be turned away from a program due to the inability to pay a program registration fee.

If your child wishes to participate in any program, and you are unable to pay the registration fee, please request a fee waiver application from Parks & Recreation Director Mark W. Maxe at (734) 675-0920. All requests are handled confidentially.

Satisfaction Guaranteed

If, for any reason, you are not fully satisfied with any program, a full refund of the program registration fee will be issued upon request. Just stop in the Recreation Department

and tell us why you were dissatisfied with the program, and a full refund will be issued.

Program Suggestions

Ideas and suggestions for new programs are always welcome. If you have a particular program or event you would like to see offered by Brownstown Recreation, please contact Parks & Recreation Director Mark Maxe at (734) 675-0920.



Program Registration Form

Name _____		Sign up for:	Price
Address _____			
_____		<input type="checkbox"/>	_____
_____		<input type="checkbox"/>	_____
_____		<input type="checkbox"/>	_____
Phone _____		<input type="checkbox"/>	_____
Method of Payment	<input type="checkbox"/> Visa	<input type="checkbox"/>	_____
	<input type="checkbox"/> MasterCard	<input type="checkbox"/>	_____
	<input type="checkbox"/> Check Enclosed	<input type="checkbox"/>	_____
Credit Card # _____	Exp. date _____	Total	_____
Signature _____			

Liability Waiver - Please Read Carefully

In consideration of the acceptance of my registration in the above program(s) I do hereby, for myself, my heirs, executors and administrators, waive release and forever discharge any and all rights and claims for damages which I may have or which hereafter accrue to me against all municipalities special districts, and properties through which the program(s) will be held or its respective officers, instructors, administrators, successors, and/or assigns for any and all damages which may be sustained or suffered by me in connection with my said participation in the above program(s). I further represent that I am in good physical condition and have no disability or ailment that will prevent me from engaging in the activity for which I am registered.

Signature & Date _____